VISUAL VOICES

VIDEOS ON GENDER, SEXUALITY, HIV/AIDS AND COUNSELLING

point of view

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sual Voices unites 85 documentary, short, public service advertising and feature films at address issues related to HIV/AIDS. Most of the films are located in India, spanning eographic regions as dissimilar as rural Manipur and bustling Mumbai, and languages s diverse as Tamil and Bengali, Telugu and Marathi. Intended as a training resource for IV/AIDS counsellors, *Visual Voices* categorizes these films by subject, use, language nd length in order to facilitate their usage.

UNDERSTANDING *VISUAL VOICES*

Visual Voices runs alphabetically from A to Z, with each page dedicated to a separate film. Apart from a brief synopsis, 3-5 indicative **questions** are provided for each film - these may be of help in an interactive discussion following a screening. Suggested **sessions** in which each film can be used are highlighted, as are the film's **duration, language** and **subject**. The sessions indicated at the bottom of each page are intended to serve only as a guide; training coordinators may use their discretion in determining which films might be most suited to a particular session. Films that do not deal with specific topics covered in the training manual can be used to examine perspectives and behaviours that influence counselling practices. In such cases, training coordinators are asked to clarify the links between the film and the specific session topic. Each film has been placed in one of four **categories** based on its relevance as a resource in training HIV/AIDS counsellors.

Trigger
'Trigger' films are short films that are under 5 minutes in length. Because they are so short, these films do not necessarily require separate, dedicated screening time. They can be used to spark discussion on the relevant topic during a session.

Exposure
'Exposure' films are those that provide insights into larger contexts around gender, sexuality, health, rights, policy and HIV/AIDS. These are intended to build a counsellor's understanding of these broader domains – and hence strengthen his or her counselling practice.

Relevant
'Relevant' films explore themes and issues that an HIV/AIDS counsellor might face in his or her practice: stigma, disclosure, men having sex with men, marriage etc.

Very Relevant
'Very Relevant' films draw more obvious connections to issues that HIV/AIDS counsellors may directly face in their practice.

These categories are indicative, and have been created to facilitate using these films. We have sought to align them with the National AIDS Control Organization (NACO) curriculum. In doing so, we have relied extensively on the following training manuals in use in *Saksham*: Integrated Counselling and Testing Centre (ICTC), Anti Retroviral Therapy/Community Care Centre (ART/CCC), Staff Nurses and Sexually Transmitted Infections (STI) .

INTRODUCTION

USING *VISUAL VOICES*

More than 50 of the films listed in *Visual Voices* are provided in the DVD case accompanying the manual. The last page of the manual lists all the films that have been provided; please note that each DVD may contain more than one film (as indicated in the list). The indexes at the back of the manual also list films by language, subject matter, and length – these may be quickly scanned when looking for a specific film of a particular length, in a specific language, or on a particular issue. The films have been provided for the specific purpose of training counsellors and peer educators; in accordance with copyright restrictions, we ask that they not be copied or otherwise reproduced.

The films in *Visual Voices* can be used individually or in combination with each other. A trainer in West Bengal could, for example, use the films *Calcutta Pride March, In the Flesh* and *Tales of the Night Fairies* to discuss the specific issues that stigmatized communities in that region might face. Another trainer in Kerala might choose to use *XXWHY* and *Charulathayude Baakki* in a session, since both the films are in Malayalam.

Films can also be combined according to the issues they address –a session on 'stigma' might combine *My Brother Nikhil* and *Roshni*, while a session on 'disclosure', for example, might combine *Pesu Maname Pesu* and *Blur*. Trainers might also choose to use clips from various films in a session, instead of screening one entire film. A more introductory session on HIV/AIDS could combine various films from diverse categories

Visual Voices has been created for active, everyday use (rather than for being forgotten on a dusty shelf). We hope that trainers will find *Visual Voices* useful in making sessions relevant, interactive and fun for counsellors, in enhancing their understanding and learning, in exposing counsellors to new ideas, in raising issues that are sometimes surrounded by silence, in challenging received wisdoms, and in enabling counsellors to question their own attitudes and values. In doing so, we hope *Visual Voices* will contribute to strengthening and deepening the counselling skills and practices of the more than 12,000 HIV/AIDS counsellors affiliated to *Saksham*.

Saksham is part of the Global Fund (Global Fund to fight AIDS Tuberculosis and Mala Round 7, HIV/AIDS programme in India that aims to strengthen human and institutio capacities of the National Health System to better meet the goals of the National Al Control Programme. It is a unique partnership between 41 academic institutions spre over 25 states of India.It works closely with the National AIDS Control Organization, St AIDS Control Societies, non-government organizations, representatives of Posit People's Networks and corporate agencies to enhance the overall quality of HIV/ Al counselling and counselling training programs in India. The Tata Institute of Soc Sciences is the Principal Recipient of the Global Fund Round 7, counselling programn **www.tissgfatmr7.com**

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+VE LIVING

DIRECTOR C. Vanaja

SYNOPSIS

As the HIV/AIDS epidemic has continued to grow, so has the media's coverage of it. But stories typically hinge on the death aspect of the disease. "I wanted to make a film about AIDS, but I didn't want it to be about dying," said C. Vanaja. "I wanted it to be about life." Vanaja's documentary *+ve Living* focuses on HIV-positive women living in Andhra Pradesh, who did not let their status keep them from pursuing a career, or raising a family. *+ve Living* is the story of women who defied destiny and persisted on their journey in life, against social ostracism and an uncertain future, with dignity and hope.

QUESTIONS

1. How has this film informed your understanding of the experiences of people living with HIV/AIDS?
2. How would the stigma faced by people living with HIV/AIDS impact your work on HIV/AIDS?
3. How does this film portray the specific challenges that women living with HIV/AIDS might face?
4. What additional skills do you think a counsellor needs in dealing with women living with HIV/AIDS?

INFO

Tags: Women, Health, HIV/AIDS, Stigma, Andhra Pradesh
Use: Relevant
Language: Telugu (English subtitles)
Time: 30 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Counselling for People Living with HIV (STI Induction)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Positive Living and HIV (ICTC and ART/CCC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Stigma and Discrimination (ICTC Refresher)
- Stigma and Discrimination Related to HIV/AIDS (ANM and Staff Nurses)
- Stigma and Discrimination Related to HIV/AIDS (ART/CCC Induction)
- Understanding Gender Concerns (ART/CCC Induction)

68 PAGES
MARKED BY PAIN, BOUND BY HOPE

DIRECTOR Sridhar Rangayan

SYNOPSIS

Subverting the Bollywood film genre of song and dance and high drama, this film places characters ignored by Bollywood at the centre - a transsexual bar dancer, a prostitute, a gay couple - to tell their stories of pain and trauma, of happiness and hope, about being HIV-positive and marginalized. The film is a searingly honest portrayal of five lives marked by pain and bound by hope - in 68 pages of a counsellor's diary. *68 Pages* rips open the underbelly of a society in denial to reveal how it stigmatizes and shuns those living with HIV and those who just want to be who they are. These stories offer hope and healing by trying to bring about a better understanding of the fight to live with dignity.

QUESTIONS

1. How does this film portray the specific challenges that HIV-positive persons who identify as LGBT might face?
2. What do you see as three principles that are critical in dealing with stigmatized communities?
3. What is the journey that a counsellor goes through in working with people living with HIV/AIDS?
4. What conflicts and struggles might a counsell face during this journey?
5. What aspects of the counsellor-client relationship does this film explore?
6. What strategies from the film might you use in counselling lesbian, gay, bisexual, transgender or transsexual people?

INFO

Tags: Counselling, LGBT, MSM, HIV/AIDS, Stigma, Discrimination
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 92 minutes
Producer: The Humsafar Trust & Solaris Pictures (www.humsafar.org)

SESSIONS

- Adherence Issues and Counselling Women in Sex Work, MSM (ART/CCC Induction)
- Counselling for People Living with HIV/AIDS (ANM and Staff Nurses)
- Counselling Women in Sex Work, MSM (STI Induction)
- Identification and Management of Burnout (ICTC Induction and Refresher, ART/CCC, STI and Staff Nurses Inductio
- Positive Living and HIV (ICTC and ART/CCC Refresher)
- Targeted Interventions: Women in Sex Work, MSM (ICTC Induction)
- Values and Attitudes of a Counsellor (ICTC, ART/CCC Induction and Refresher, STI and Staff Nurses Induction)

A BEGINNING...

SYNOPSIS

5-minute advocacy film on an HIV/AIDS vention initiative at the workplace, *A Begin-g...* was made to advocate workplace rvention among truckers working in the rganized transport sector in India. It tures the voices of the community and ous stakeholders, and documents a work-ce intervention that was done among truck- and their families in Vijaywada to mitigate impact of HIV/AIDS and STIs among the rkforce. In *A Beginning...*, we meet truckers Venkateshwar Rao, whose HIV-positive tus has not led him to retreat from any ects of his life. He states categorically that is not afraid of HIV, an attitude that is both rthodox and inspiring.

QUESTIONS

1. How has this film informed your understanding of mobile populations, and their vulnerability to HIV infection?
2. How does this film portray the specific challenges that HIV-positive persons who work in the unorganized sector might face?
3. What specific workplace interventions do you think will be effective in the unorganized sector, amongst workers living with HIV/AIDS?
4. What issues might a counsellor have to address in working with truckers and other mobile populations, both in prevention and care, and in support?

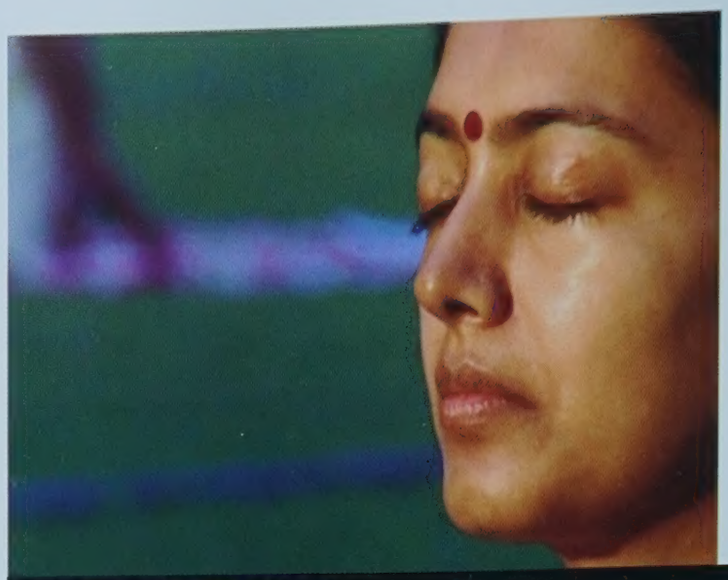
INFO

gs: Truck Drivers, Mobile Populations, Workplace Interventions, HIV/AIDS, Andhra Pradesh
Use: Very Relevant
Language: Telugu (English subtitles)
Time: 15 minutes
Producer: Centre For Advocacy and Research (www.cfar.org.in)

SESSIONS

- Adherence Issues and Counselling Women in Sex Work, MSM (ART/CCC Induction)
- Counselling for People Living with HIV/AIDS (ANM and Staff Nurses)
- Counselling Women in Sex Work, MSM (STI Induction)
- Positive Living and HIV (ICTC and ART/CCC Refresher)
- Targeted Interventions: Mobile Populations (ICTC Induction)

A HANDFUL OF SUN



DIRECTOR Niru Singh

SYNOPSIS

A Handful of Sun tells the story of Asha, a middle-class housewife who has been infected with HIV through her husband. The film follows Asha's realization of her status, and her subsequent conversation with her husband. Although reluctant to accept responsibility at first, her husband eventually starts to communicate more openly with Asha about his past indiscretions. The couple also realizes the importance of getting their young son tested, understanding that they could have unknowingly infected him as well. The film presents a close look at the predicament of 'innocent bystanders' who contract HIV without participating in any potentially risky situation.

QUESTIONS

1. After watching this film, what do you see as gendered impact of HIV/AIDS?
2. How do relationships like the one portrayed the film become barriers to disclosure?
3. What are the specific challenges in counselli couples, both discordant and concordant?
4. What effective strategies have you used in counselling HIV-positive couples?

INFO

Tags: Marriage, Disclosure, HIV/AIDS, Couple Counselling
Use: Relevant
Language: Hindi (English subtitles)
Time: 30 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Counselling for Disclosure and Couple Counselling (ICTC Refresher)
- Counselling for Partner Management and Disclosure (ART/CCC Induction)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Marital and Family Counselling (ICTC Induction)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)

A HEALER IS BORN

DIRECTOR Gargi Sen

SYNOPSIS

roup of women in a drought-prone area r Pune start to do a simple thing: learn ut their bodies and their health and lead ter lives. Why should this bring them up inst all sorts of opposition? The film ows a group of women involved in a self- programme called Sadaphuli, which was un by health activists in Pune. The men grow from having no prior under- nding of the political economy of health to wledge of their bodies and rights. Their izons widen beyond mere diagnosis and atment of diseases to a sisterhood with er women in the village and an inevitable estioning of those who would rather they y weak – and oppressed.

QUESTIONS

1. How do you think programmes like Sadaphuli empower women?
2. How do you think women's knowledge, or lack thereof, about their own bodies could affect their vulnerability to HIV/AIDS?
3. How do you think incorporating these under- standings would strengthen your counselling practice?
4. What knowledge do you think each and every person should have about his/her own body?

INFO

Tags: Body Basics, Empowerment, Women, Health, Rights, Maharashtra
Use: Very Relevant
Language: Marathi (English subtitles)
Time: 34 minutes
Producer: Magic Lantern Foundation (www.ucfilms.in)

SESSIONS

- Body Basics: Anatomy & Physiology and Reproductive Health (ICTC, ART/CCC Induction)
- Counselling for Reproductive Health and Family Planning (ART/CCC Refresher)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Reproductive Health and Family Planning (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)
- Understanding the Body: Reproductive and Sexual Organs (STI Induction)

A HUMAN QUESTION

DIRECTOR T. Jayashree

SYNOPSIS

As the pandemic of HIV/AIDS surges on, individuals, groups and countries are struggling to preserve access to medicines, faced with the irony of new and better drugs on the one hand, and increasing restrictions to these drugs on the other. *A Human Question* explores personal, national and global dimensions of this struggle and responses to the new patent laws mandated by the World Trade Organization (WTO) in the name of protecting intellectual property. It voices perspectives that raise compelling questions about whether private knowledge has to be pitted against the public good in the name of scientific progress.

QUESTIONS

1. Were you aware of these issues related to HIV/AIDS treatment before watching this film?
2. Do people living with HIV/AIDS in your comm nity face issues of access to treatment?
3. How can you, as a counsellor, enable better access to treatment for people living with HIV/AIDS?

INFO

Tags: Access to Treatment, HIV/AIDS, Health, Medicine, Patents
Use: Exposure
Language: English and German (English subtitles)
Time: 53 minutes
Producer: Zeytoon Films for BUKO Pharma-Kampagne & Sangama (available from www.ucfilms.in)

SESSIONS

- Evening (optional)

A LIFE LESS ORDINARY

DIRECTOR Raabiya Jayaram

SYNOPSIS

ough conversations with three HIV-sitive children, this film seeks to under-nd their experiences living with HIV/AIDS. e children talk openly about their daily tines, and the ways in which their lives er from those of their friends and relatives o are not living with HIV/AIDS. The film aves conversations with the children into larger framework of HIV/AIDS programmes he country, through the voices of practitio-s working with HIV-positive children. By using on young HIV-positive children and ir interactions with service providers, the n emphasizes the need for changes in the sting health care system's attitude towards nerable populations.

QUESTIONS

1. How has this film informed your understanding of the experiences of children living with HIV/AIDS?
2. How does this film portray the specific challenges that HIV-positive children face?
3. How could counselling help children living with HIV/AIDS deal with their life experiences?
4. Do you have any experiences of working with children living with HIV/AIDS that you would like to share?

INFO

Tags: Children, Health, HIV/AIDS, Maharashtra
Use: Relevant
Language: Marathi (English subtitles)
Time: 30 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Counselling Children (STI Induction)
- Orientation to Paediatric ART and Counselling (ART/CCC Induction)
- Targeted Intervention: Youth and Children (ICTC Induction)

AAINA

DIRECTOR Anirban Dutta

SYNOPSIS

Reproductive health care improves if health service providers respond in a comprehensive way to the needs of their clients, especially women. With the aim of making reproductive health care more accessible to women and responsive to the differing health needs of women and men, a comprehensive gender-training programme was designed for medical officers and paramedic staff. The film captures the journey of service providers as they begin to understand and internalize the concepts of gender and socialization.

QUESTIONS

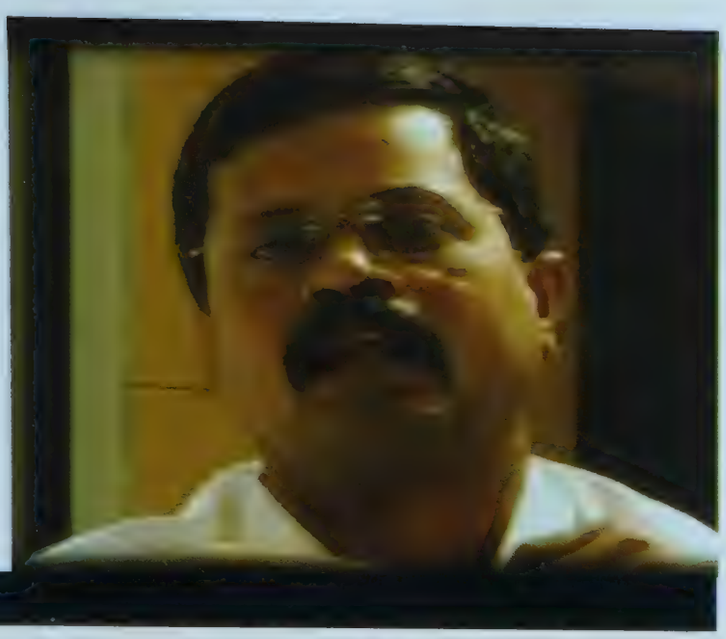
1. Do you think gender training is necessary for health service providers, including counsellors? Why?
2. After watching this film, what are some examples that come to mind of gender-sensitive health care?
3. How do you think health care that is not resp sive to the needs of women could impact work o HIV/AIDS?
4. What aspects of the training described in the film could be particularly relevant for HIV/AIDS counsellors and service providers?

INFO

Tags: Women, Health Care, Training, Reproductive Health
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 24 minutes
Producer: CIDA & UNFPA (www.unfpa.org)

SESSIONS

- Counselling for Reproductive Health and Family Planning (ART/CCC Refresher)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Reproductive Health and Family Planning (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)



AAO SIKHE JEENA HIV KE SANGH

SYNOPSIS

s short informational video explores damental questions related to HIV and S. Through a series of conversations with lth service providers, the film provides rmation on the difference between HIV d AIDS, the meaning of CD4 count and T, the communicability of HIV etc. geted at a wide audience, the film sents valuable information in an extremely proachable format. *Aao Sikhe Jeena HIV Sangh* also interviews people living with V/AIDS who, through candid interviews, are their trials and triumphs in living with virus.

QUESTIONS

1. What information did this film provide you about HIV/AIDS that you didn't already have?
2. How has this film aided your understanding of the experiences of people living with HIV/AIDS?
3. What ideas and suggestions does this film offer positive people?
4. How could the learnings from this film inform your counselling practice?

INFO

Tags: HIV/AIDS, Treatment
Use: Relevant
Language: Hindi (no subtitles)
Time: 43 minutes
oducer: Health Communications Partnership/Johns Hopkins University (www.hcpartnership.org)

SESSIONS

- Adherence Counselling (ART/CCC, ICTC Induction)
- Counselling for People Living with HIV (STI Induction)
- HIV/AIDS Basic Information (ICTC, ART/CCC Induction and Refresher and STI, Staff Nurses Induction)
- Positive Living (ICTC, ART/CCC Refresher)

ADHA AASMAN
WOMEN'S ACCESS TO HEALTHCARE

DIRECTOR Samina Mishra

SYNOPSIS

Heera, Deepa and Susheela work the fields, cut grass, tend cattle, and care for their families. They contribute as much as men to the sustenance of their families and the economy of their villages. But their labour is rarely recognized as work. The reason is as inescapable as it is simple – they are women. And so, they never stop working even when they are sick, and never have their sickness taken care of till the work begins to suffer. Women's health in India continues to be seen in the restricted light of pregnancy and motherhood so that health initiatives for women focus mainly on family planning and maternal health. Shot in Almora and Sitapur districts in Uttar Pradesh, this is a film about the attitudes that deny women their share of health care.

QUESTIONS

1. After watching this film, what are some examples that come to mind of unequal access t health care?
2. How do you think unequal access to health ca could impact work on HIV/AIDS?
3. What role (if any) do you think gender-sensitization training should play in training HIV/AIDS counsellors and service providers?
4. In what ways do you think the learnings from this film could inform your counselling practice?
5. Why is it important to locate HIV counselling i the larger context of health?

INFO

Tags: Women, Health, Rights, Uttar Pradesh
Use: Relevant
Language: Hindi (English subtitles)
Time: 32 minutes
Producer: Sanjay Kak (available from www.ucfilms.in)

SESSIONS

- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)

AM I AT RISK?

DIRECTOR: Pratima Videotech

SYNOPSIS

short informational video educates health fessionals on some of the precautions they should take while interacting with a -positive patient. *Am I At Risk?* shows tors and nurses in various hospital narios, and explains how best to ensure tection from contaminated blood and er fluid samples. The film also details the ps that should be followed while dispos- of contaminated fluid samples. Its step- step format presents a complete overview the universal safety precautions to be owed by health professionals in both spital and clinical environments.

QUESTIONS

1. After watching this film, do you have any questions with regard to precautions that should be taken while interacting in a medical environment with a HIV-positive person?
2. Did *Am I At Risk*? clear any of your previous misconceptions about the transmission of HIV? If so, what were they?

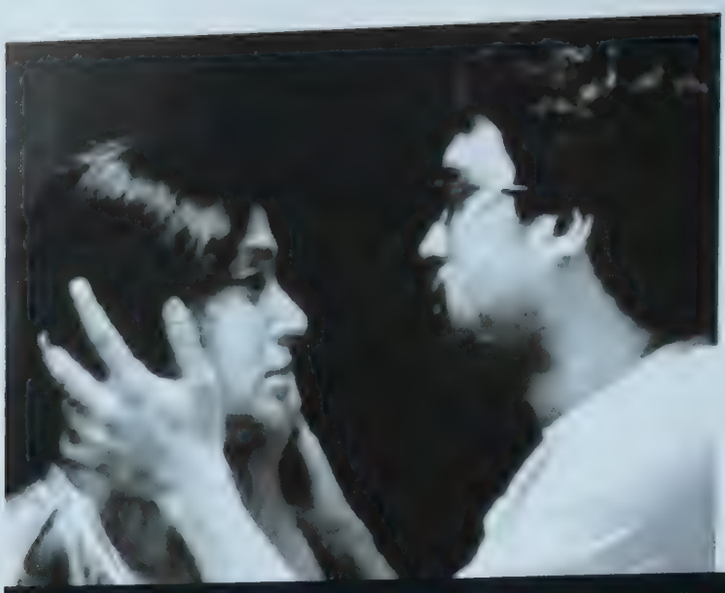
INFO

Tags: Blood, Universal Safety Precautions, HIV/AIDS, Health
Use: Relevant
Language: English
Time: 21 minutes
Producer: Prayas (www.prayaspune.org)

SESSIONS

- Universal Safety Precautions and Post Exposure Prophylaxis (PEP)
  (ICTC, ART/CCC and Staff Nurses Induction)

AZHAGE VAA



DIRECTOR Jeevanandham Rajendran

SYNOPSIS

Azhage Vaa is a short film of 1.5 minutes duration, created in 2006. It shows a woman who has recently discovered her HIV-positive status. Sharing this news with her husband, she shares her expectation that he will now look for another spouse. To this, the husband responds that his place is by his wife's side and that, despite not being HIV-positive, he will stay with her and care for her. This ad film, with an urban slant, features a song sung by the leading Tamil playback singer, S.P. Balasubramaniam.

QUESTIONS

1. What do you see as the message behind thi short ad film?
2. Do you think the scene shown in this film mi reality? Why or why not?
3. Were the situations reversed i.e. were the husband to be found HIV-positive and the wife HIV-negative, would the wife be given the optior whether or not to stay with her husband?
4. How will this film inform your counselling of sero-discordant couples?
5. Please share your experiences (if any) of counselling sero-discordant couples.

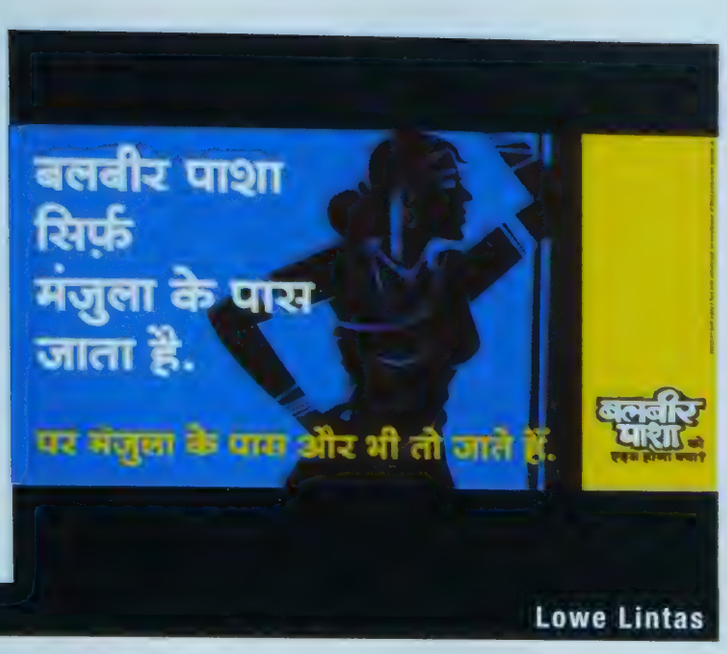
INFO

Tags: Marriage, HIV/AIDS, Couple Counselling, Disclosure, Tamil Nadu
Use: Trigger
Language: Tamil (with English subtitles)
Time: 1.5 minutes
Producer: R. Jeevanandham (available from www.nalamdana.org)

SESSIONS

- Counselling for Disclosure and Couple Counselling (ICTC Refresher)
- Counselling for Partner Management and Disclosure (ART/CCC Induction)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Marital and Family Counselling (ICTC Induction)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)

BALBIR PASHA



SYNOPSIS

e spots are part of an advertisement paign with Balbir Pasha, a fictional charac- ho young, urban men can relate to, learn and empathize with. Presented in an pachable and familiar manner, Balbir a personalizes HIV risk and brings the of HIV/AIDS into the open. Through this paign, Balbir is portrayed in a series of ifiable, real-life situations in which he runs sk of contracting HIV. Scenarios concern use of alcohol and forgetting to use a om, the mistaken belief that having a ar partner means one is safe from AIDS infection, and the misconception that e's partner looks healthy, he or she must be of HIV/AIDS.

QUESTIONS

1. Do you think these spots are effective in communicating the need to use condoms?
2. Are there any other scenarios that you would have liked to see enacted in the Balbir Pasha campaign? What other information do you think it might be useful for the campaign to focus on?
3. Did you disagree with any aspect of the Balbir Pasha spots? If so, please share.
4. Do you think the messages in these spots can be integrated into your counselling practice? If so, in what way?

INFO

Tags: Behaviour Change, HIV/AIDS, Mumbai
Use: Trigger
Language: Hindi (English subtitles)
Time: 30-45 seconds each
Producer: Population Services International & USAID (www.psi.org.in)

SESSIONS

- Behaviour Change Communication (ICTC and ART/CCC Induction)
- Clinical Aspects of HIV/AIDS (ICTC, ART/CCC, STI, Staff Nurses Induction)
- Clinical Risk Assessment and Pre-Test Counselling (ICTC Induction)
- Counselling for Positive Prevention (ART/CCC Induction)
- Pre- and Post-Test Counselling (Staff Nurses, SO Induction)

BEING MALE BEING KOTI

DIRECTOR Mahuya Bandyopadhyay

SYNOPSIS

The film enters the world of the 'kothi' (koti) in Kolkata and focuses on the networks built to celebrate the lives and work of this group. Such networks have been created to counter the stereotypical notions and homogenizing categories of masculine and feminine identities. Shot in Kolkata, the film explores the experience of growing up gender-variant and not being able to understand, let alone explain the difference. The experience of a world where there is 'no one quite like me' is an intensely lonely, fractured and troubled one. The film *Being Male Being Koti* depicts this reality in a poignant yet accessible fashion.

QUESTIONS

1. How do you see gender and sexual minoritie In what ways does your perspective differ from, conform to, that of mainstream society?
2. What do you see as key principles for workin with people belonging to sexual and gender min ties?
3. As a counsellor, how could you use the life stories in the film to better understand the vulner abilities and marginalization of sexual minorities?
4. How would differing views on non-traditional gender or sexual expression impact access to HIV/AIDS services for marginalized communities?

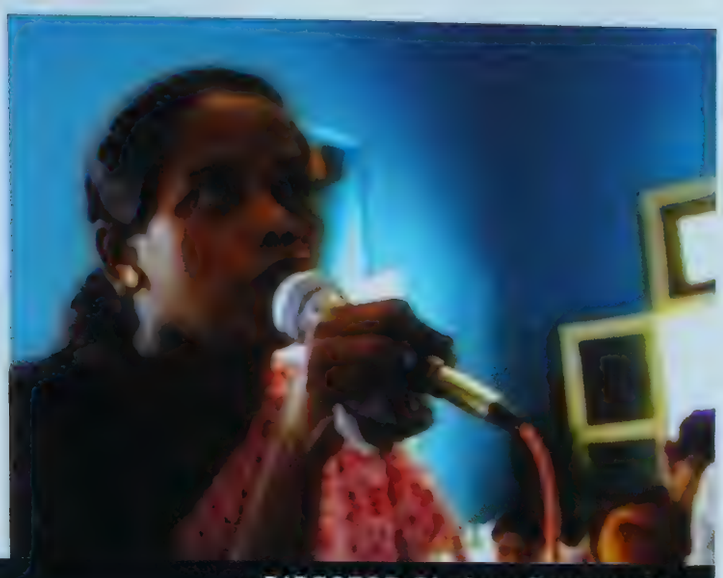
INFO

Tags: Koti, Sexuality, Identity, West Bengal
Use: Relevant
Language: Bengali (English subtitles)
Time: 30 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Adherence Issues and Counselling MSM (ART/CCC Induction)
- Building Comfort about Sex and Sexuality (ART/CCC Induction)
- Counselling MSM (STI Induction)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Sexuality and HIV (ICTC Induction)
- Targeted Interventions: MSM (ICTC Induction)

BENAQAAB



DIRECTOR Chalam Bennurakar

SYNOPSIS

qaab is located around a conference held lhapur in March 1999 that addressed the erns raised by the global trafficking of en and children. The conference was nized by the Asian Women's Human Rights ncil, Izzat, VAMP and SANGRAM. While ng for fundamental and human rights for workers, the film also introduces us to the al difference between prostitution and sex cking, and the debates around legalization decriminalization of sex work. We hear sex workers - Mala Singh from Sonagachi lkata and Shabana Kazi from Nippani in ataka. These are strong women who k for themselves as well as the community represent. Yet again, we hear stories of al ostracism and of no recourse to the law, combination of social censure and lack of protection making simple lives impos-, with or without dignity.

QUESTIONS

1. Has this film changed your perspective of people in sex work? If so, how?
2. How would stereotypes or preconceived notions of sex work impact HIV/AIDS counselling?
3. Does your view of sex work differ from that of mainstream society? What are some of the differences and/or similarities?
4. What do you see as key principles when working with a stigmatized community like sex workers?
5. What are the challenges you experience in counselling women in sex work?

INFO

Tags: Sex Work, Gender, Rights, Governance
Use: Relevant
Language: Hindi (English subtitles)
Time: 35 minutes
Producer: SANGRAM (www.sangram.org)

SESSIONS

- Adherence Issues and Counselling Women in Sex Work (ART/CCC Induction)
- Counselling Women in Sex Work (STI Induction)
- Targeted Interventions: Women in Sex Work (ICTC Induction)

BEYOND THE BARBED WIRE

DIRECTOR Nilanjan Bhattacharya

SYNOPSIS

Indian sex workers in Sonagachi, Kolkata's sprawling red-light district, have organized one of the world's largest and most powerful sex worker collectives. In this short film, Durbar Mahila Samanwaya Committee (DMSC) puts pressure on law enforcement in Kolkata to protect sex workers, handles the situation of a young woman unwillingly brought into the trade, and arbitrates the case of an underage worker. The process is constructed by sex workers, for sex workers. The film raises key questions about the government's desire to regulate the sex trade – given DMSC's example, the viewer is left to wonder if government intervention in the industry is truly necessary.

QUESTIONS

1. After seeing this film, what do you see as the pros and cons of legalization and decriminalizatio of sex work?
2. How do you think legalization or decriminaliza tion of sex work could impact HIV/AIDS interventions?
3. Has this film changed your perspective of people in sex work? If so, how?
4. How would preconceived notions of sex work impact work on HIV/AIDS?
5. Do you have any experiences counselling peo in sex work?

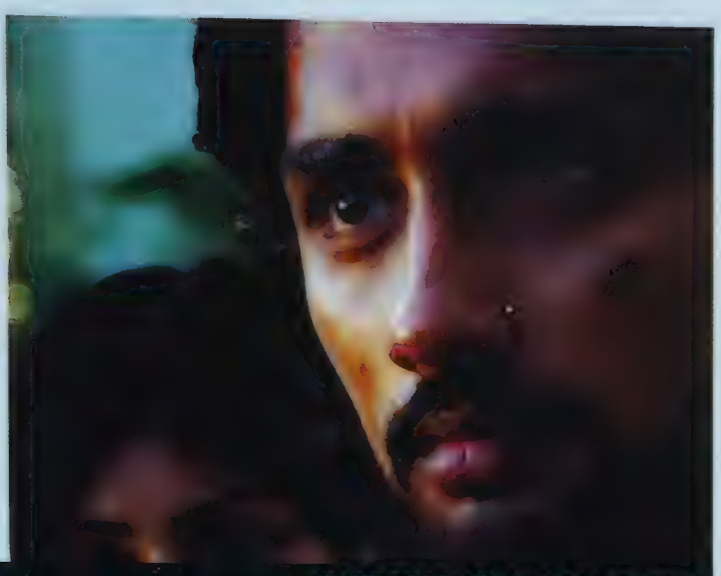
INFO

Tags: Sex Work, Gender, Trafficking, Governance, Law, Legalization, West Bengal
Use: Relevant
Language: Bengali (English subtitles)
Time: 21 minutes
Producer: Durbar Mahila Samanwaya Committee (www.durbar.org)

SESSIONS

- Adherence Issues and Counselling Women in Sex Work (ART/CCC Induction)
- Counselling Women in Sex Work (STI Induction)
- Targeted Interventions: Women in Sex Work (ICTC Induction)

BLOOD BROTHERS



DIRECTOR Vishal Bhardwaj

SYNOPSIS

AIDS JaaGO project presents four short
s that aim to dismantle myths and miscon-
ions about HIV/AIDS. *Blood Brothers*
ates the story of a man who leaves home
n discovering that he has contracted the
virus, abandoning his child and pregnant
. The film follows his journey after leaving
e, as well as his return once he realizes
he is not actually HIV-positive. Bhardwaj's
is thought-provoking, dealing with issues
V disclosure, as well as healthy living with HIV.

QUESTIONS

1. How did you understand the marked difference in the way in which the two men acted upon discovering their positive status?
2. Do you see similar reactions amongst your HIV-positive clients? If not, which reaction do you think is more common?
3. Do you think HIV-positive spouses and parents have any responsibilities towards their families? What do you see as some of their responsibilities?
4. What insights does the film offer on living with HIV?
5. After seeing the film what changes might you make in your own pre- and post-test counselling practices?

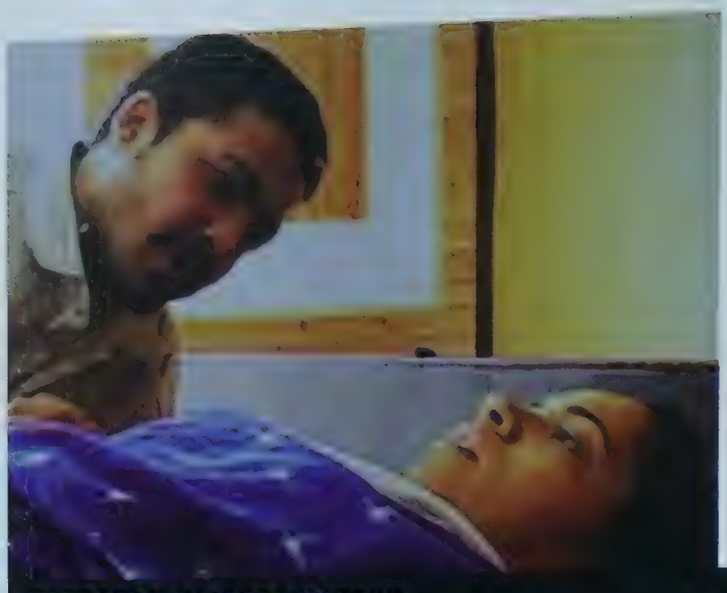
INFO

Tags: HIV/AIDS, Positive Living, Disclosure
Use: Very Relevant
Language: Hindi
Time: 19 minutes
roducer: Bill and Melinda Gates Foundation & Mirabai Films
(available from www.aidsjaago.com)

SESSIONS

- Counselling for Disclosure and Couple Counselling (ICTC Refresher)
- Counselling for Partner Management and Disclosure (ART/CCC Induction)
- Counselling for People Living with HIV (STI Induction)
- Marital and Family Counselling (ICTC Induction)
- Positive Living and HIV (ICTC and ART/CCC Refresher)

BLUR



DIRECTOR Vaibhav Abnave

SYNOPSIS

In real-life situations, one never gets a second chance to relive the same moments, while in theatrical 'improvisations', which essentially means 'doing things spontaneously' without any preconceived design or script, there is always a second chance to 're-live' the same moment especially in order to undo or rectify undeliverable and yet avoidable consequences of our actions. *Blur* attempts to use theatrical improvisations as a didactic as well as a therapeutic tool to explore various re-occurring traumatic moments in the lives of HIV-affected people. It attempts to do so by 'blurring' the thin and porous boundaries between an actor and a character, theatre and real life, fact and fiction.

QUESTIONS

1. How has this film enhanced your understandi of the dynamics of disclosure of one's HIV status
2. To what extent do you think this film reflects, does not reflect, the challenges of disclosure face by people living with HIV/AIDS?
3. Were you the HIV-positive person in any of th presented scenarios, would your concerns about disclosure be similar to those of the person in the film?
4. What has this film shown you about the possi role of a counsellor in each scenario?
5. Has this film offered you any new insights on how to address issues of disclosure?

INFO

Tags: Disclosure, HIV/AIDS, Counselling, Maharashtra
Use: Very Relevant
Language: Marathi (English subtitles)
Time: 50 minutes
Producer: Prayas & Fact and Fiction Films (www.prayaspune.org)

SESSIONS

- Counselling for Disclosure and Couple Counselling (ICTC Refresher)
- Counselling for Partner Management and Disclosure (ART/CCC Induction)
- Clinical Risk Assessment and HIV Pre-Test Counselling (ICTC Induction)
- Post-Test Counselling (ICTC Induction)
- Pre- and Post-Test Counselling (ICTC, ART/CCC, STI Induction, Staff Nurses)

BORN AT HOME

DIRECTOR Sameera Jain

SYNOPSIS

at Home observes indigenous birth tices and practitioners in parts of India — Rajasthan, Bihar, and an urban working- area of Delhi. Poised between social y and the eternal mystery of childbearing, ilm presents an intricate delineation of the e of the dai (midwife) who is almost always w-caste, poor woman. Dais handle about of the births in India. Their inherited skills, gh accessible, low-cost and holistic, are inually devalued by the mainstream. The poses a critical question: why does the e not recognize the almost one million tional practitioners in the country?

QUESTIONS

1. Given that a large percentage of women in India go to dais, how can dais be trained to better anticipate issues of HIV/AIDS?
2. What do you see as some of the advantages and/or disadvantages of indigenous birth practices, from an equity and access perspective?

INFO

Tags: Reproductive Health, Caste, Women, Health, Birth Practices, Tradition
Use: Exposure
Language: Hindi (English subtitles)
Time: 61 minutes
ucer: Sublunar Films and Matrika (available from www.ucfilms.in)

SESSIONS

- Evening (optional)

BREAKING THE BARRIERS

DIRECTOR Sushma Narain

SYNOPSIS

Domestic violence is one of the gravest and most pervasive of human rights violations. Yet, there is very little by way of response from the community or the State. For this crime is looked upon as a personal matter, notwithstanding the fact that for a large number of women, this personal matter translates into a lifelong adjustment with torture, both mental and physical. For many, this adjustment ends only with the loss of their lives. There have been attempts to mainstream the issue of domestic violence both by the State and civil society. This film looks at some of these initiatives aimed at breaking the barriers that divide lives into personal and public.

QUESTIONS

1. Has this film altered your previous perception of domestic violence? If so, how?
2. What is your analysis of State and community responses to the prevalence of domestic violence
3. How do you think the issue of spousal and familial violence impacts vulnerability to HIV/AIDS
4. How would an existing history of domestic violence influence couple counselling, specifically relation to safer-sex negotiation?

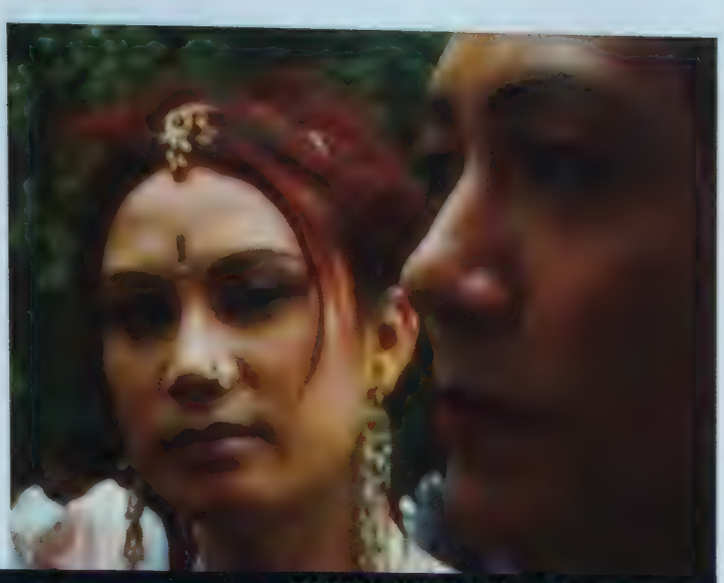
INFO

Tags: Violence, Collective Action, Gender, Identity, Law
Use: Relevant
Language: Hindi (English subtitles)
Time: 60 minutes
Producer: Centre for Media and Cultural Studies, Tata Institute of Social Sciences (available from www.ucfilms.in)

SESSIONS

- Counselling for Sexual Assault (ICTC Induction)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)

BRIDGES OF HOPE



DIRECTOR Sridhar Rangayan

SYNOPSIS

es of Hope brings to light the issues faced en who have sex with men (MSM) and gender (TG) communities in India, with an nasis on their health issues and the need t up interventions for HIV prevention. The brings forth voices from the community makes an effort to educate and sensitize h-care providers on issues of homosexu- Through candid interviews with members e LGBT community, the film brings us to-face with their dilemmas - both in s of the stigma they face from society and ack of health care, specifically for the gay transgender communities.

QUESTIONS

1. How has this film informed your understanding of the health concerns of MSM and transgender people living with HIV/AIDS?
2. How does this film portray the specific challenges that HIV-positive TG and MSM communities might face?
3. What do you see as three counselling principles that are critical to dealing with stigmatized communities?
4. Please share your experiences (if any) on counselling HIV-positive MSM and TG persons.

INFO

Tags: MSM, TG, HIV/AIDS, Health, Stigma
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 24 minutes
Producer: UNAIDS, The Humsafar Trust & Solaris Pictures (available from www.humsafar.org)

SESSIONS

- Adherence Issues and Counselling MSM (ART/CCC Induction)
- Counselling MSM (STI Induction)
- Stigma and Discrimination (Staff Nurses Induction, ART/CCC Induction and Refresher, ICTC Refresher)
- Targeted Interventions: MSM (ICTC Induction)

BULA DI

DIRECTOR Ogilvy & Mather

SYNOPSIS

Capitalizing on the commonly-accepted authority of a didi, Bula Di educates the public about HIV transmission and prevention. A non-threatening puppet, Bula Di warns parents who seek potential suitors for their daughters that "looks, education and character alone do not make for an ideal son-in-law." And further advises, "Don't decide before he's gone through an HIV test." In another instance, Bula Di matter-of-factly informs a wife who suspects her husband's infidelity to "go for a blood test immediately" because 61% of HIV patients in West Bengal are married. Bula Di even encourages communities to be accepting of those who are HIV-positive and provides a toll-free number for those in need of assistance or more information.

QUESTIONS

1. Do you think these spots are effective in communicating the need to use condoms?
2. Are there any other scenarios that you would have liked to see enacted by Bula Di? What other information do you think it might be useful for her impart?
3. Do you think the messages in these spots can be integrated into your counselling practice? If so what way?

INFO

Tags: Behaviour Change, HIV/AIDS, West Bengal
Use: Trigger
Language: Bengali (English subtitles)
Time: 25 seconds each
Producer: West Bengal State AIDS Control Society (http://www.wbhealth.gov.in/wbsapcs/)

SESSIONS

- Behaviour Change Communication (ICTC and ART/CCC Induction)
- Clinical Risk Assessment and Pre-Test Counselling (ICTC Induction)
- Counselling for Positive Prevention (ART/CCC Induction)
- Pre- and Post-Test Counselling (Staff Nurses, STI Induction)

CALCUTTA PRIDE MARCH 2004

DIRECTOR Tejal Shah

SYNOPSIS

e 1999, a small group of hijras, kothis and nen walked down the streets of Calcutta g it a 'friendship walk', a walk to assert the of sexual and gender minorities. This was dmark event in the history of the LGBT ment in India and grew into an annual called 'Walk On The Rainbow', the first march ever to be held in India. *Calcutta March 2004* documents the second pride n held in Calcutta, which brought together ipants from West Bengal, New Delhi, Sri a, Thailand and many other places. As the nterviews onlookers, participants, cops plainclothes intelligence agents, many s rise to the surface: media representations e LGBT community, people's curiosity and mfort, issues of visibility and invisibility, ance and prejudice, choice and pride.

QUESTIONS

1. What role do you think the Pride March plays in the LGBT community?
2. How do you think members of sexual and gender minority communities are seen in society?
3. How could you, as a counsellor, help foster the positive values among LGBT individuals that are asserted in the Pride March?
4. What do you see as key principles for working with people belonging to sexual and gender minorities?
5. Please share your experiences (if any) on counselling people who identify as lesbian, gay, bisexual, transgender or transsexual.

INFO

Tags: LGBT, Collective Action, Dignity, West Bengal
Use: Relevant
Language: Bengali (English subtitles)
Time: 12 minutes
Producer: Tejal Shah (available from www.ucfilms.in)

SESSIONS

- Adherence Issues and Counselling MSM (ART/CCC Induction)
- Counselling MSM (STI Induction)
- Targeted Interventions: MSM (ICTC Induction)

CHARULATAYUDE BAAKKI... OF THE LIFE UNTOLD

DIRECTOR Sangeeta Padmanabhan

SYNOPSIS

Charulatayude Baakki... is set in the mind-scape of Ammu, a young, unmarried girl as she grooms herself for the marriage market. Her parents get busy with the complexities of matchmaking while she breaks up with her lover, an aspiring filmmaker who dreams of making a sequel to Satyajit Ray's *Charulata*. Delving into deep contemplation, she shares her compromises – of giving up her simple, sensitive personal self to accommodate the suave, sophisticated social self imposed on her - positing herself many a times, into *Charulata's* predicaments of love, denial and sacrifice. But even as she embraces her fate of imminent failure, in obedience to and in consolidation of the established order, her spirit refuses to give up, yearning for a resonant beat in another soul.

QUESTIONS

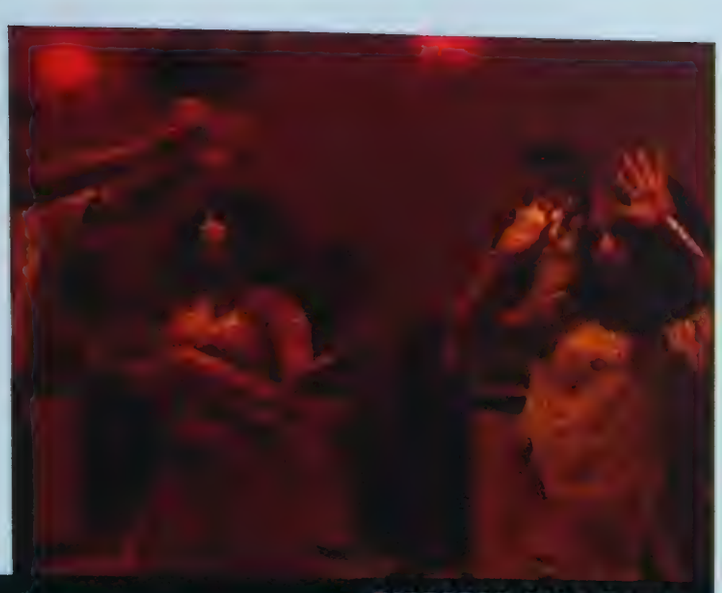
1. Why do you think Ammu's parents want to ge her married?
2. Do young women in your community face sim pressures to get married?
3. Do you think marriage places women at a heightened risk of HIV/AIDS? Why or why not?
4. How might you counsel Ammu's parents, or Ammu herself, about the lack of choice given to Ammu with regard to marriage?

INFO

Tags: Marriage, Women, Kerala
Use: Relevant
Language: Malayalam (English subtitles)
Time: 24 minutes
Producer: Mustard Productionz (www.mustardproductionz.com)

SESSIONS

- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)



DELHI-MUMBAI -DELHI

DIRECTOR Saba Dewan

SYNOPSIS

dances in the beer bars of Mumbai to
e a living. The documentary follows her
her home in Delhi to Mumbai where
dreds of working-class girls come in search
ork and a future. Riya's future is unpredict-
and the present is marked with its own
culties. The police harass her family in
i, there is constant pressure from her agent
umbai to attract more tips, and the work
f is demanding. However, there are other
to have fun with, there is money to dress
and then there are men... admirers prom-
the moon. The documentary is an intimate
rait of the everyday in the life of the girls,
agents and their neighbourhoods.

QUESTIONS

1. How has this film contributed to your understanding of the lives of bar dancers?
2. Do you think bar dancers are vulnerable to HIV/AIDS?
3. Are bar dancers included in HIV/AIDS programmes and interventions? If so, how? If not, how can they be included? What are the implications of excluding them?
4. What are the unique issues that bar dancers face, as distinct from issues faced by sex workers?
5. How could HIV/AIDS prevention and counselling programmes reach other marginalized performing communities? (eg. Lavni, Tamasha, Mujra dancers)

INFO

Tags: Women, Livelihood, Sexuality, Stigma
Use: Relevant
Language: Hindi (English subtitles)
Time: 63 minutes
Producer: Rahul Roy (available from www.ucfilms.in)

SESSIONS

- Adherence Issues and Counselling Women in Sex Work (ART/CCC Induction)
- Building Comfort about Sex and Sexuality (ART/CCC Induction)
- Counselling Women in Sex Work (STI Induction)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Sexuality and HIV (ICTC Induction)
- Targeted Interventions: Women in Sex Work (CCC Induction)

DR NAGESH

DIRECTOR Vincent Detours and Dominique Henry

SYNOPSIS

Dr. Nagesh frequently provides free consultations for people living with HIV/AIDS in Mumbai. He is unable to save all his patients since ART medications are too expensive. Therefore, he treats symptoms of AIDS as they appear; he listens to, comforts and advises his patients, making AIDS a much less terrifying illness for them. In addition, he has formed an alliance with a local philanthropist, to whom he refers some of his patients. Their medications are then paid for by the philanthropist, allowing them to access ART treatment free of cost.

QUESTIONS

1. How has this film informed your understandi of the experiences of people living with HIV/AIDS
2. How would the stigma faced by people living with HIV/AIDS impact work on HIV/AIDS?
3. How does this film portray the specific challenges that people living with HIV/AIDS who have financial difficulties might face?
4. In the movie, there is a patient who has not disclosed his status to his wife. How would you advise a patient in such a scenario?
5. What strategies from Dr Nagesh might you us in counselling HIV-positive people? What (if anything) would you have done differently?

INFO

Tags: Treatment, Counselling, HIV/AIDS, Medications, Disclosure, Maharashtra
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 52 minutes
Producer: NEED Productions (www.needproductions.com)
(available from www.youtube.com/watch?v=8RUTPVRf5jk)

SESSIONS

- Adherence Counselling (ICTC, ART/CCC Induction)
- Basics of Counselling (ICTC, ART/CCC Induction and Refresher, STI and Staff Nurses Induction)
- Counselling for Adherence at Different Stages of ART (ART/CCC Induction)
- Counselling for Disclosure and Couple Counselling (ICTC Refresher)
- Counselling for Partner Management and Disclosure (ART/CCC Induction)
- Marital and Family Counselling (ICTC Induction)

DREAM

DIRECTOR Rohini

SYNOPSIS

routine pregnancy test, Savitri learns she is HIV-positive. She tells her and, who is extremely supportive – the of them go to the hospital, where they over that they have both contracted HIV. knowing anything about the virus, they ack to their village where social stigma their relatives alerts them to the serious- of the virus. The couple then meets a sellor at the hospital, who informs them t HIV, as well as counsels them on steps ard. Their daughter tests negative for the , and taking the advised precautions, the le's infant is born HIV-negative as well. *m* is an inspirational story of a couple despite having HIV, continues to live life e fullest. Their shared dream of getting daughter married is realized at the ination of the film.

QUESTIONS

1. How has counselling helped the couple in the film? What specific role did the counsellor play?
2. Had this film been set in your community, how would community members have reacted to the couple's declaration of their HIV-positive status?
3. What insights on pre-test, post-test, ongoing and PPTCT counselling did the film leave you with?
4. Had you been in the counsellor's position, what (if anything) would you have done differently?
5. Please share your experiences, if any, on counselling people living with HIV/AIDS in similar situations.

INFO

gs: Marriage, Disclosure, HIV/AIDS, Counselling, Tamil Nadu
Use: Very Relevant
Language: English
Time: 14 minutes
ducer: T.N.Dr. M.G.R. Medical University (www.tnmmu.ac.in)

SESSIONS

- Clinical Risk Assessment and HIV Pre-Test Counselling (ICTC Induction
- Counselling for Disclosure and Couple Counselling (ICTC Refresher)
- Counselling for Partner Management and Disclosure (ART/CCC Induction)
- Marital and Family Counselling (ICTC Induction
- Pre- and Post-Test Counselling (ICTC, ART/CCC, STI Induction, Staff Nurses)

DURGA, PANDU AND THE COUPLE

DIRECTOR Aparna Sosamma Wilder

SYNOPSIS

These three 2-minute videos - *Durga, Pandu* and *The Couple* – profile three rural struggles against HIV/AIDS. *Durga* profiles Durga Pujari, a sex worker in Sangli, Maharashtra. Durga works in her community with SANGRAM, helping prevent the spread of HIV/AIDS by distributing condoms and educating people on safe sex. She is also part of SANGRAM's work to improve the realities of people in sex work. *Pandu* tells the story of Pandu, a transgender person who, like Durga, works as a barefoot activist within his community. Pandu details the difficulties of gender identity that he struggles with in his daily life. Finally, in *The Couple*, a HIV-positive couple speaks of their struggle to be together and to have a child. With SANGRAM's help, their child was born HIV-negative.

QUESTIONS

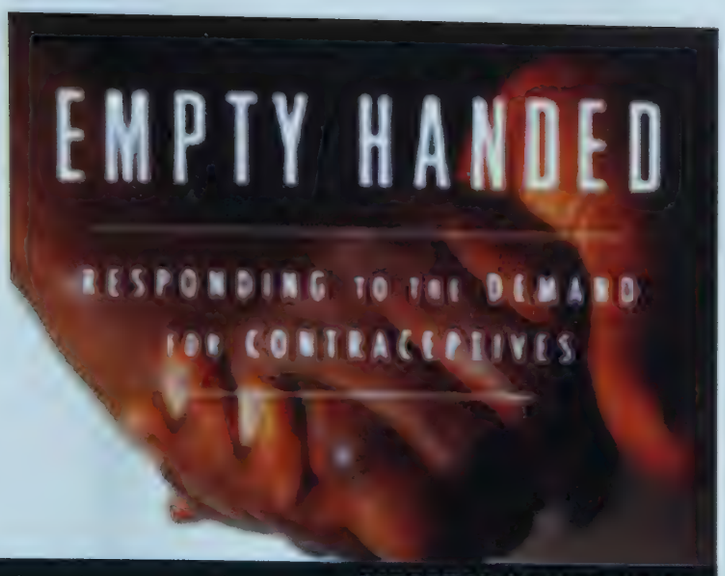
1. Have any of the videos changed your perspe tive on the communities profiled? If so, how?
2. What difference did the interventions describ in these short videos make in the lives of these th stigmatized communities?
3. How can the learnings from these interventio be incorporated into your counselling practice?
4. How can working within a rights framework strengthen your counselling practice?
5. Please share your experiences (if any) on counselling sex workers, transgender persons, or HIV-positive couples.

INFO

Tags: Interventions, Stigma, Gender Identity, Transgender, Sex Work, Community, Maharashtra
Use: Very Relevant
Language: Marathi (English subtitles)
Time: 6 minutes (2 each)
Producer: SANGRAM (www.sangram.org)

SESSIONS

- Adherence Issues and Counselling MSM (ART/CCC Induction)
- Counselling for Disclosure and Couple Counselling (ICTC Refresher)
- Counselling for Partner Management and Disclosure (ART/CCC Induction)
- Counselling MSM (STI Induction)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Marital and Family Counselling (ICTC Induction)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Targeted Interventions: MSM (ICTC Induction)
- Understanding Gender Concerns (ART/CCC Induction)



DIRECTOR Nathan Golon

EMPTY HANDED

RESPONDING TO THE DEMAND FOR CONTRACEPTIVES

SYNOPSIS

und the world, more than 200 million nen lack access to basic contraception. en, these women must travel far from their mmunities to reach a health facility, only to rn home empty-handed due to shortages stock-outs. When women seeking family nning services are turned away, they are ble to protect themselves from unintended gnancies and sexually-transmitted infec-s, including HIV/AIDS. In developing coun-s, a woman's lifetime risk of dying due to gnancy and childbirth is 1 in 75. Family nning is an effective strategy to reduce ernal mortality. This film shows that ongoing llenges in obtaining reproductive health e can have devastating consequences for ily size, abortion, spacing and delaying gnancy, HIV/AIDS and other STIs.

QUESTIONS

1. How do the scenarios depicted in the film relate to the realities in your community?
2. Do you think the issues in this film are related to gender? If so, how?
3. How could an understanding of gender strengthen your work as a counsellor?
4. How do you think women's limited access to contraception could impact the prevalence of HIV/AIDS?
5. What strategies do you think should be adopted to ensure uniform access to contraception?

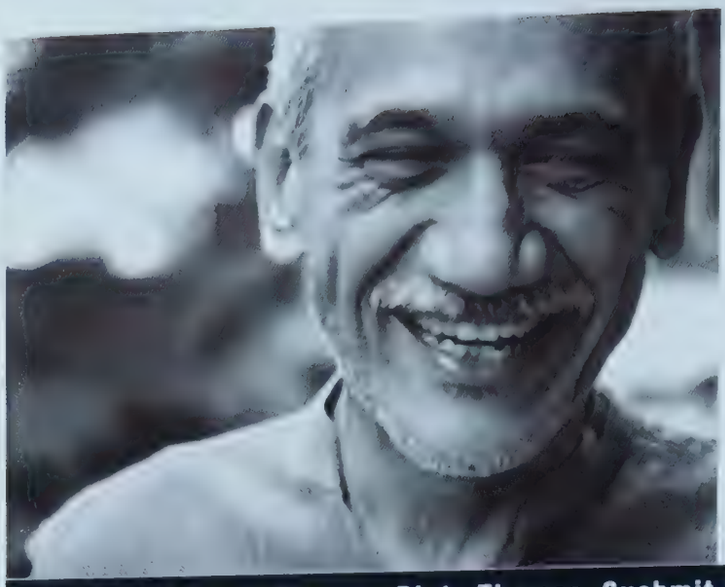
INFO

s: Family Planning, Contraception, Women, Health, Pregnancy
Use: Relevant
Language: Swahili (English subtitles)
Time: 9 minutes
Producer: Population Action International (www.populationaction.org)

SESSIONS

- Body Basics: Anatomy & Physiology, Reproductive Health (ICTC, ART/CCC Induction)
- Counselling for Reproductive Health and Family Planning (ART/CCC Refresher)
- Reproductive Health and Family Planning (ICTC Refresher)
- Understanding the Body: Reproductive and Sexual Organs (STI Induction)

FLYING INSIDE MY BODY



DIRECTORS Sumit Sharma, Rintu Thomas, Sushmit Ghosh, Ajeeta Chow

SYNOPSIS

Flying Inside My Body explores how the form of the body can become a powerful physical language to express dissent over societal norms and conventions. The film is a journey with veteran photographer Sunil Gupta, who has used his art to challenge the stereotypes that define one's body, sexuality and identity. Gupta has spent over 20 years compiling the first photographic chronicle of the gay community in India, while at the same time, exploring his own relationship with his country of origin. The film's lyrical style marries still photography with moving images and text, to unfold an intensely personal narrative that questions the deeply-ingrained prejudices that we all carry within ourselves.

QUESTIONS

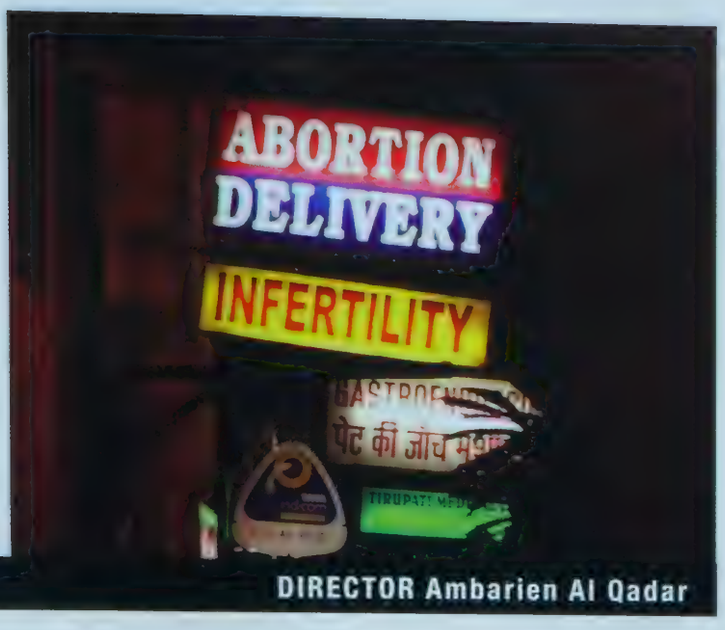
1. How has this film informed your understandi of the experiences of men living with HIV/AIDS?
2. How can respecting and recognizing the righ of homosexuals make a difference to your couns ling?
3. Like photography in the film, are you aware o local examples in which art and culture have bee used to create awareness of HIV/AIDS in commu ties?
4. As a counsellor, what does Sunil Gupta's sto tell you about the power of coming to terms with one's sexuality and HIV status?
5. Please share your experiences (if any) on counselling HIV-positive men, specifically men w have sex with men.

INFO

Tags: Sexuality, MSM, HIV/AIDS
Use: Very Relevant
Language: English
Time: 35 minutes
Producer: AJK Mass Communication Research Centre (www.ajkmcrc.org)

SESSIONS

- Adherence Issues and Counselling MSM (ART/CCC Induction)
- Building Comfort about Sex and Sexuality (ART/CCC Induction)
- Counselling MSM (STI Induction)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Sexuality and HIV (ICTC Induction)
- Targeted Interventions: MSM (ICTC Induction)



FOUR WOMEN AND A ROOM

DIRECTOR Ambarien Al Qadar

SYNOPSIS

documentary explores the complex ways hich women understand and experience herhood. Through conversations with nen who felt completed by motherhood, with women who never felt the urge to e children of their own, the film raises key stions about social norms for women. The attempts to locate the role of women in ety beyond that of mere 'reproducers', ng whether they are afforded the right to ose children, instead of having to accept n. Al Qadar's film explores this juncture to out individual and diverse desires of nen and the ways in which they relate to herhood or its absence.

QUESTIONS

1. In what ways did you agree or disagree with the sentiments that the women expressed in the film?
2. Do Indian women have control over decisions related to having or not having children?
3. How do you think women's relative lack of decision-making in the reproductive sphere affects their ability to protect themselves from HIV/AIDS?
4. Do you think HIV-positive women should have children?
5. How do you think your counselling strategies could empower women to make their own decisions?

INFO

Tags: Women, Reproductive Rights
Use: Relevant
Language: Hindi (English subtitles)
Time: 30 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)

GENDER UNPACK

DIRECTORS Abeer Gupta, Akhila Krishnan, Chitra Venkatramani, Sheetal Gokhale & Pra

SYNOPSIS

This series of four short films, edited by Anjali Monteiro and K.P. Jayasankar, explores and questions the construction of our gendered identities and their manifestations in everyday lives. They explore the little ways in which we resist and subvert these modes of power. In *Our Sisters*, directed by Chitra Venkatramani, a girl narrates the story of her sister, a girl who wanted to be a boy. Sheetal Gokhale and Prasad B's film *Through the Looking Glass* explores a young man's relationship with his gender identity. Akhila Krishnan's *Lost and Found* portrays a man and a woman who have similar life experiences despite their different gender identities. *A Day's Job*, directed by Abeer Gupta, profiles a Koli fisher-woman.

QUESTIONS

1. What gender norms for men and women doe the film identify?
2. How do these gender norms help or hinder m and women in protecting themselves from HIV/AIDS?
3. How did *Our Sisters*, *Through the Looking Gl* and *Lost and Found* portray individual struggles around gender identity?
4. How will you use your understanding of genc norms to strengthen your counselling process wi your clients?

INFO

Tags: Gender Identity, Women, Men
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 28 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Building Comfort about Sex and Sexuality (ART/CCC Induction)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Sexuality and HIV (ICTC Induction)
- Understanding Gender Concerns (ART/CCC Induction)

GODDESSES

DIRECTOR Leena Manimekalai

SYNOPSIS

s is the story of three ordinary women who extraordinary lives, surviving dark times going against society's gender norms in r working lives. Lakshmi, a funeral singer, ts death houses with a troop of drummers , for a measly pay, she wails and laments shares the grief of the other mourners. The ob of the drums and her ankle bell resonate the house long after she has left. Krishveni, a grave digger, earns her living from the known dead. She accepts unclaimed bodies m the local police and gives them a decent ial or cremation, digging and maintaining grave herself. Sethuraku, a fisherwomen, es out to sea, every morning with a few ow fisherwomen to collect fish and prawns, ging to welcome the day. What is normally nsidered as taboo for women is confidently ne by these three women.

QUESTIONS

1. Do the portrayals of Lakshmi, Krishnaveni and Sethuraku depict traditional gender roles? Why or why not?
2. What, if any, traits of these three women inspire you?
3. How do gender, caste, and livelihood issues affect vulnerability to HIV/AIDS?
4. How could you address issues of gender, caste and livelihood in your counselling?

INFO

Tags: Women, Caste, Livelihoods, Tamil Nadu
Use: Relevant
Language: Tamil (English subtitles)
Time: 45 minutes
Producer: C. Jerrold (available from www.ucfilms.in)

SESSIONS

- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)

HAPPY HOOKERS

DIRECTOR Ashish Sawhney

SYNOPSIS

Happy Hookers is an intimate portrayal of the lives of three male sex workers in Mumbai. Through candid conversations, the men share their stories – their reasons for joining the sex trade, and their experiences with their clients. We also hear about their daily routines: they speak about where they work during the day, and how and where they solicit customers at night. Intertwined with the conversations are scenes from the everyday: the three interact with their neighbours, make tea in their kitchens, and speak with friends. Ashish Sawhney successfully communicates the lives of three male sex workers without sensationalizing their realities, providing us with a touching film in the process.

QUESTIONS

1. How has this film contributed to building your understanding of men in sex work?
2. What are the factors that contribute to creatin risk and vulnerability to HIV/AIDS for male sex workers?
3. What are some of the issues that you would need to address in a counselling session with a m sex worker?
4. What are some of the unique challenges in counselling male sex workers (as distinct from counselling women in sex work)?

INFO

Tags: Men in Sex Work, Stigma, Mumbai
Use: Relevant
Language: Hindi (English subtitles)
Time: 53 minutes
Producer: Box Office Productions (bop@bom3.vsnl.net.in)

SESSIONS

- Adherence Issues and Counselling MSM (ART/CCC Induction)
- Adherence Issues and Counselling Women in Sex Work (ART/CCC Induction)
- Counselling MSM (STI Induction)
- Counselling Women in Sex Work (STI Induction)
- Targeted Interventions: MSM (ICTC Induction)
- Targeted Interventions: Women in Sex Work (ICTC Induction)

HASINA

DIRECTOR Girish Kasaravalli

SYNOPSIS

s film, based on the story *Kari Nagaragalu* Kannada writer Banu Mushtaq, tells the y of Hasina, who marries auto driver Yakub inst his mother's wishes. The couple has ee daughters - the visually-impaired Munni, ubby and Habeeb. Expecting their fourth d, Yakub and Hasina break the law, and do pregnancy scan to ascertain the baby's nder. When Yakub realizes it is yet another , he becomes at turns abusive and neglect- eventually leaving Hasina to care for herself d their three children. The film sets their story hin the larger framework of community, legal d support systems, and their neglect of men like Hasina.

QUESTIONS

1. Has this film altered your previous perceptions of domestic violence? If so, how?
2. How does domestic violence create situations of vulnerability for women in the context of HIV/AIDS?
3. How does domestic violence affect women living with HIV/AIDS?
4. What are the psycho-social and legal resources in your community that women facing domestic violence can utilize?
5. Why did the community-level paralegal systems shown in the film fail to support Hasina?

INFO

Tags: Violence, Women, Law, Karnataka
Use: Very Relevant
Language: Kannada (English subtitles)
Time: 117 minutes
Producer: I M Vittal Murthy
(available from girishkasaravalli@gmail.com)

SESSIONS

- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- HIV and Pregnant Women (ART/CCC Induction)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)

HEALTH MATTERS

DIRECTOR Shikha Jhingan

SYNOPSIS

Health Matters is a documentary by Shikha Jhingan that takes a panoramic look at health care in India through the everyday experiences of patients in both public and private hospitals in rural and urban locations. Economic reforms since the 1990s have led to unprecedented changes in the Indian health care system. The retreat of the State from public health has paved the way for unfettered privatization, making India an important destination for medical tourism on the global map. Stories of a retired mill worker, a domestic worker, a daily wage labourer and some women barefoot doctors are woven together with fictional explorations, prosthetic bodies and narrative texts. As market forces start driving the 'health industry', words like healing and accountability acquire new meaning.

QUESTIONS

1. What are some of the barriers to health care t your clients experience?
2. How does unequal access to health care affe HIV treatment, care and support?
3. After watching this film, what are some examples that come to mind of inequities in healt care that people from poor and marginalized communities face?
4. How do you address issues of health inequitie that your clients face through various intervention such as referrals, networking and advocacy?

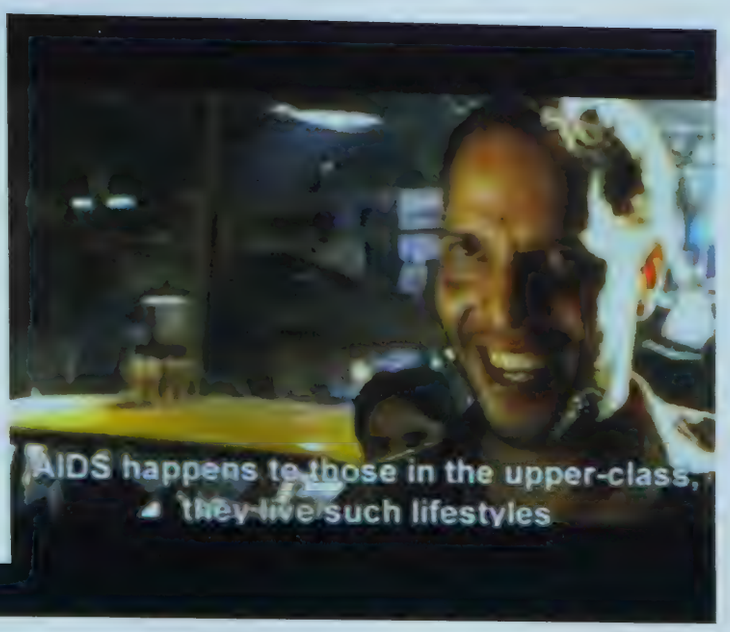
INFO

Tags: Health, Access, Public, Private, Rural, Urban
Use: Exposure
Language: Hindi (English subtitles)
Time: 72 minutes
Producer: Shikha Jhingan & HIVOS (www.hivos.nl)

SESSIONS

- Evening (Optional)

HEROES PROJECT



SYNOPSIS

is mass media campaign seeks to create despread awareness on HIV/AIDS, promote sitive attitudes towards people living with V/AIDS, and influence groups to change gh-risk behaviour that makes them vulner-le to the infection. It uses a series of public rvice announcements (PSAs), online and int content, television and radio program-ng as well as several educational events to this. In order to best address HIV/AIDS rough various mass media, Heroes Project s developed a strategic communications proach to address diverse groups such as xually-active men, married women and youth.

QUESTIONS

1 Do you think these spots are effective in creating awareness around the issue of HIV/AIDS?
2 What role do you think awareness campaigns like this one could play in HIV/AIDS advocacy?
3 Do you think the messages in these spots can be integrated into your counselling practice? If so, in what way?

INFO

Tags: Behaviour Change, HIV/AIDS
Use: Trigger
Language: English/Hindi/Telugu/Tamil
Time: 10-60 seconds each
Producer: Heroes Project India (www.heroesprojectindia.org)

SESSIONS

- Behaviour Change Communication (ICTC and ART/CCC Induction)
- Clinical Risk Assessment and Pre-Test Counselling (ICTC Induction)
- Counselling for Positive Prevention (ART/CCC Induction)
- Pre- and Post-Test Counselling (STI Induction and Staff Nurses)

I COULDN'T BE YOUR SON, MOM

DIRECTOR Sohini Dasgupta

SYNOPSIS

I Couldn't Be Your Son, Mom talks about the growing years of Tista Das, a female trapped in a male body who suffers from gender identity crisis - called GID (Gender Identity Disorder) in medical terms. In the space of 15 short minutes, it attempts to show Tista's struggle against a society that ruthlessly negates her endeavour to attain her real self. In an interview, Dasgupta said, '"Transsexuality is a hushed up subject in our society. More importantly, very few people have a clear conception about it. The film metaphorically delves into sociological and psychological depths attempting to evoke a kind of awareness on the subject."

QUESTIONS

1. How do you relate to Tista Das' struggle in th film? Do you identify more with her point of view that of society?
2. How would you see Tista? As a woman, a ma or a transgender person?
3. How might you counsel a client in the same situation as Tista?

INFO

Tags: Transgender, West Bengal
Use: Very Relevant
Language: Bengali (English subtitles)
Time: 15 minutes
Producer: Buddhadeb Dasgupta
(available from sohinidasgupta9@gmail.com)

SESSIONS

- Adherence Issues and Counselling MSM (ART/CCC Induction)
- Counselling MSM (STI Induction)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Targeted Interventions: MSM (ICTC Induction)
- Understanding Gender Concerns (ART/CCC Induction)

IN THE FLESH

DIRECTOR Bishakha Datta

SYNOPSIS

The Flesh provides an intimate insider's ccount of what it is really like to be in sex work by following the lives of three real-life charac- rs. Through its cinematic quest to represent e lived experiences of men and women in sex ork, *In The Flesh* provides a nuanced view of ex work – one in which violence and victim- ood sit side by side with a relentless drive to rvive. The inclusion of a transgendered sex orker breaks prevalent stereotypes of sex ork as a women-only twilight zone, and builds deeper understanding of the way in which ender and sexual identities play out in the daily es of individuals.

QUESTIONS

1. Has this film given you any insights into the lives of people in sex work?
2. How can sex workers be empowered to become effective agents of change in HIV prevention in their communities?
3. Through the film, could you identify the factors that place sex workers at risk of HIV?
4. How could you address these factors through your counselling practice?
5. How do issues of respect and dignity facilitate counselling with stigmatized communities such as sex workers?

INFO

Tags: Sex Work, Women, Transgender, West Bengal
Use: Very Relevant
Language: Bengali and Hindi (English subtitles)
Time: 53 minutes
Producer: Point of View (available from www.ucfilms.in)

SESSIONS

- Adherence Issues and Counselling for FSWs (ART/CCC Induction)
- Counselling Women in Sex Work (STI Induction)
- Gender. Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (Staff Nurses)
- Gender Issues Related to HIV/AIDS (ICTC Refresher
- Sex, Sexuality, Gender and Vulnerability (STI Induction
- Targeted ICTC Interventions: Sex Workers (ICTC Induction
- Understanding Gender Concerns (ART/CCC Induction

IS THIS JUSTICE? AND WHAT KIND OF MAN ARE YOU?

DIRECTOR Ogilvy & Mather, McCann Erickson

SYNOPSIS

Breakthrough's campaign *Is This Justice?* focuses on the stigma and discrimination faced by women living with HIV/AIDS - most of whom have been infected by their husbands or male partners. The campaign challenges the way in which women in our society are treated, especially women living with HIV/AIDS. These women are either shunned by the family and community or are forced to live on the edge of society after their husbands die of AIDS.

Breakthrough's campaign *What Kind of Man Are You?* directly asks men to wear condoms to protect their wives from infection. Reports show that 2 million women in India are infected with HIV/AIDS—and most of them have contracted it from their husbands. The campaign focuses on a husband's responsibility to protect his wife from HIV/AIDS infection.

QUESTIONS

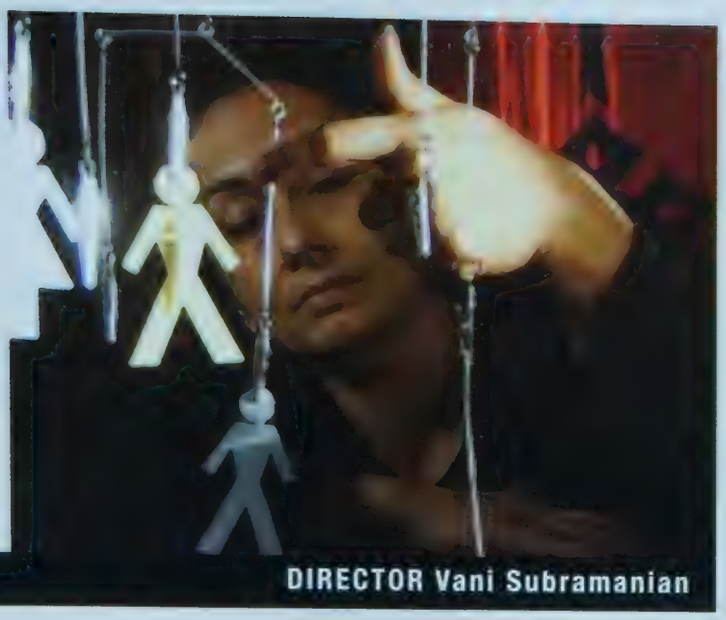
1. How would you answer the question 'Is This Justice?' after having seen these spots?
2. Do your positive clients face similar experienc of being ostracized after their husbands die of AIDS? How might you counsel them?
3. Do you think the *Is This Justice?* campaign is effective in creating awareness of the stigma face by HIV-positive women?
4. Do you think the *What Kind of Man Are You?* campaign is effective in advocating for safer sex practices?
5. Do you think the messages in these spots can be integrated into your counselling practice? If so in what way?

INFO

Tags: Stigma, Women, Condom, Safe Sex, HIV/AIDS
Use: Trigger
Language: Hindi
Time: 60 seconds each
Producer: Ogilvy & Mather (www.ogilvy.com), McCann Erickson (www.mccann.com)

SESSIONS

- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)



DIRECTOR Vani Subramanian

IT'S A BOY (IT'S GOING TO BE A BOY)

SYNOPSIS

he film travels to Bombay, Delhi, Benares and hillong, going back in time to reveal how the urrent crisis of sex ratios had been foretold by ose on the forefront of the campaigns against ex determination and pre-selection. It ssesses government initiatives, looks beyond e rhetoric, and uses the lens of culture to xplore common beliefs about daughters and ons within the family and men and women in ociety.

With this film, I want to tell policy makers and thers: don't just tell people to have a girl child, aid Subramanian. "Treat female foeticide as olence against women - it's not just an issue f the right to live. Make our roads, this society afer for women. In short, teach people to treat omen with more respect."

QUESTIONS

1. To what extent are issues of sex selection and female foeticide prevalent in your community?
2. Do you think of female foeticide as violence against women? How do you see it?
3. What do you see as some of the reasons for which families would rather have a boy than a girl child?
4. What does sex selection reveal about underlying gender norms?

INFO

Tags: Gender, Reproductive Rights
Use: Relevant
Language: Hindi (English subtitles)
Time: 30 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (ICTC Induction)
- Understanding Gender Concerns (ART/CCC Induction)

JI HAAN! AAP JEE SAKTE HAIN

SYNOPSIS

Ji Haan! Aap Jee Sakte Hain is a short documentary, featuring candid interviews with several people living with HIV/AIDS. Conversations in this film centre on hope, on living healthy and happy lives with HIV/AIDS. Living in various parts of the country, and coming from diverse walks of life, people in the film share their inspirations for their lives. While some have sought solace in their religion, others have directed their time and energy towards helping people living with HIV/AIDS in their communities. Most significantly, this film focuses on positive people's hopes and goals, insisting that living with HIV does not mean living without a future.

QUESTIONS

1. How has this film informed your understanding of the experiences of people living with HIV/AIDS?
2. How does this film portray the specific challenges that HIV-positive people might face?
3. Through your counselling, how could you empower people to live positively with HIV?
4. What are some of the factors that have helped people to live positively with HIV?
5. How can you emphasize these factors in your counselling?

INFO

Tags: Positive Living, HIV/AIDS
Use: Relevant
Language: Hindi (no subtitles)
Time: 20 minutes
Producer: Health Communications Partnership/Johns Hopkins University (www.hcpartnership.org)

SESSIONS

- Counselling for People Living with HIV (STI Induction)
- Positive Living and HIV (ICTC and ART/CCC Refresher)

LET'S TALK ABOUT SEX

DIRECTOR Sonya V. Kapoor

SYNOPSIS

ex remains a taboo topic in most Indian ouseholds. Sonya V. Kapoor's film aims to nderstand the perceptions and misconcep- ons that guide discussions on sex in urban ndia. Through interviews with teenagers, ollege students, and parents, Kapoor's film mphasizes the lack of communication etween adults and teenagers on this topic. he film underscores the probability that, iven the unwillingness of most parents to iscuss sex openly, more and more teenagers ill engage in unsafe sexual practices. Espe- ially given the prevalence of sexually- ransmitted diseases in our communities, *et's Talk About Sex* urges adults and teenag- rs to educate themselves, and to educate ach other, on this topic.

QUESTIONS

1. To what extent do the misconceptions about sex expressed in the film reflect those in your community?
2. Do you believe that sex education should be formally undertaken in the classroom? Why or why not?
3. How do you think knowledge (or lack thereof) about sex could impact work on HIV/AIDS?
4. What basic facts about sex (if any) do you think teenagers should have?
5. Why do you think sex continues to be a taboo topic in India?

INFO

Tags: Sex, Sexuality, Sex Education
Use: Relevant
Language: English
Time: 30 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Counselling Children (STI Induction)
- Counselling for Adolescents (STI Induction)
- Targeted Intervention: Youth and Children (STI Induction)

LITTLE REPUBLICS

DIRECTOR Gautam Sonti

SYNOPSIS

With the adoption of the 73rd Amendment to the Constitution of India in 1993, it became mandatory to reserve seats in panchayats (local elected governing bodies) for oppressed sections of society. One-third of all seats were reserved for women, and seats were reserved for scheduled castes and scheduled tribes in proportion to their populations. This far-reaching policy of positive discrimination has been sabotaged in many parts of the country by male family members, upper-caste men and politicians, who field proxy candidates. These three short films revolve around the experiences of a few elected scheduled-caste and scheduled-tribe women in the Telangana region of Andhra Pradesh. Through an ethnography of four villages, we look at the ways in which power is controlled and misused – in the home, community and outside world.

QUESTIONS

1. What is the experience of panchayat reservations in your area?
2. In your opinion, do the women who come to power through reservations make any difference in the lives of other women?
3. What do you see as some of the reasons for the gap in policy and practice with regard to reservations?
4. Were you to be elected to your local panchayat, in what ways do you think your experience would be similar to or different from those of the women in *Little Republics?*

INFO

Tags: Women, Governance, Reservation
Use: Exposure
Language: Telugu (English subtitles)
Time: 65 minutes
Producer: Andhra Pradesh Mahila Samatha Society (available from www.ucfilms.in)

SESSIONS

- Evening (Optional)

LIVING WITH AIDS

DIRECTOR T. Jayashree

SYNOPSIS

This film tells the story of young women coping with HIV in the city of Bangalore. The members of Milana - a support group for people living with HIV and their families - are below 30 years of age, mostly widows with children. They discuss the stigma and discrimination they face in society. They are not part of any of the classic high-risk groups. The group serves as a safe space in which the women can discuss living with HIV/AIDS, the challenges that they face, as well as their triumphs and joys.

QUESTIONS

1. How has this film informed your understanding of the experiences of young women living with HIV/AIDS?
2. What do you see as the importance of support groups like Milana in HIV/AIDS counselling?
3. Are you aware of resources in your community for women living with HIV/AIDS?
4. After seeing this film, what strategies would you use to counsel young widows living with HIV?
5. As a counsellor, how would you address the stigma and discrimination faced by women living with HIV/AIDS, as portrayed in the film?

INFO

Tags: Stigma, Women, Widows, Positive Living, HIV/AIDS, Karnataka
Use: Very Relevant
Language: Kannada (English subtitles)
Time: 17 minutes
Producer: Zeytoon Films for BUKO Pharma-Kampagne & Sangama (available from www.ucfilms.in)

SESSIONS

- Counselling for People Living with HIV (STI Induction)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Positive Living and HIV (ICTC and ART/CCC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Stigma and Discrimination (ICTC Refresher)
- Stigma and Discrimination Related to HIV/AIDS (ANM and Staff Nurses)
- Stigma and Discrimination Related to HIV/AIDS (ART/CCC Induction)
- Understanding Gender Concerns (ART/CCC Induction)

LONELY ANGELS

DIRECTOR Prem Kumar Aman

SYNOPSIS

This 30-minute film seeks to highlight the vulnerability of children living with HIV/AIDS. The narrative follows trafficked and sexually-abused children who have since been rescued and rehabilitated through citizens' initiatives. The film also traces a bunch of children who have organized themselves to form a rescue and rehabilitation group – these children are devoted to ensuring that others do not suffer the same fate of abuse and violence. Despite a lack of adult guidance and supervision, these children have faced HIV/AIDS with strength and courage, and continue to inspire people around them.

QUESTIONS

1. How does trafficking increase children's vulnerability to HIV/AIDS?
2. How has this film informed your understanding of the experiences of trafficked children living with HIV/AIDS?
3. As a counsellor, how would you address issues of stigma faced by children living with HIV/AIDS?
4. What are some of the challenges that you might face in counselling positive children?

INFO

Tags: Children, Trafficking, Positive Living, Stigma, HIV/AIDS, Andhra Pradesh
Use: Very Relevant
Language: Telugu (English subtitles)
Time: 30 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Counselling for Adolescents (STI Induction)
- Counselling Children (STI Induction)
- Orientation to Paediatric ART and Counselling (ART/CCC Induction)
- Targeted Intervention: Youth and Children (ICTC Induction)

DIRECTOR Rahul Roy

MAJMA
(THE PERFORMANCE

SYNOPSIS

Aslam sells medicines for sexual problems on the pavements of Meena Bazaar near Jama Masjid in Delhi. Khalifa Barkat presides over an *akhada* in the adjacent park and puts a group of young men through the moral and physical grind of wrestling. Hundreds of men pass through the park and the market everyday. Through conversations with Aslam and Khalifa Barkat. as well as discussions with men who avail of their services, *Majma* seeks to understand norms for masculinity in working-class society. The film explores the instabilities and insecurities of working-class lives, and their impact on male sexuality and gender relations.

QUESTIONS

1. Do you think this film presents an accurate portrayal of men in your community?
2. How is masculinity shown in the film? Does this make men more vulnerable to HIV?
3. How do society's expectations of men (as seen in the film) impact their relationships with other men and women?
4. How do gender norms for men shape HIV/AIDS counselling?
5. What (if any) alternate definitions of masculinity would you like to see exist in your community?

INFO

Tags: Men, Gender, Sexuality, Working Class
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 54 minutes
Producer: Rahul Roy (rahulroy63@gmail.com)

SESSIONS

- Building Comfort about Sex and Sexuality (ART/CCC Induction)
- Gender. Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Sexuality and HIV (ICTC Induction)
- Understanding Gender Concerns (ART/CCC Induction)

MANY PEOPLE, MANY DESIRES

DIRECTOR T. Jayashree

SYNOPSIS

Many People, Many Desires cuts across class, gender, language and caste to tell the stories of gay/bisexual/lesbian persons living in the city of Bangalore. Through these conversations, it traces the debate on the basic right to one's sexual/gender expression, in a context where the state institutionalizes discrimination against sexual minorities by criminalizing homosexuality under the Indian Penal Code's Section 377. Questioning this law imposed under British colonial rule, and exploring the texture of personal sexual choices, the films aims to generate discussion and mobilize support from within and outside the sexual minority communities.

QUESTIONS

1. To what extent does this film represent domina views in your community, with respect to sexual minorities and non-traditional gender expressions?
2. Do your views on sexual and gender minorities differ from those of your community? If so, how?
3. In the film, it is suggested that money makes 'fitting in' easier. What are your views on this statement?
4. Homosexuality was decriminalized in India in 2009. Do you think that this development will effect change with respect to our society's acceptance of sexual minorities?
5. Please share your experiences (if any) on counselling people who identify as gay, lesbian, transgender or transsexual.

INFO

Tags: LGBT, Sexuality, Gender, Karnataka
Use: Very Relevant
Language: Kannada (English subtitles)
Time: 45 minutes
Producer: Sangama (available from www.ucfilms.in)

SESSIONS

- Adherence Issues and Counselling MSM (ART/CCC Induction)
- Building Comfort about Sex and Sexuality (ART/CCC Induction)
- Counselling MSM (STI Induction)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Legal and Ethical Issues Related to HIV/AIDS (ICTC, ART/CCC, STI Induction)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Sexuality and HIV (ICTC Induction)
- Targeted Interventions: MSM (ICTC Induction)

DIRECTOR Nidhi Tuli

MERI SEHAT MERA NIRNAY

SYNOPSIS

This short film is a collage of images, supported by voice narration. The story follows Sonia, a woman whose boyfriend Vicky pressures her to have sex with him. She engages in unsafe sex, believing in Vicky completely. She later realizes that she has contracted a Sexually Transmitted Infection (STI) from her partner. The film follows her meeting and subsequent counselling session with her gynaecologist. The gynaecologist, who tells Sonia that she has gonorrhoea, advises her on the appropriate treatment. The doctor also clears some common social misconceptions about treatments for STIs. Sonia eventually confronts Vicky about his disease, and brings him to the gynaecologist for treatment.

QUESTIONS

1. Do you come across women like Sonia in your counselling practice?
2. In what ways do you think the pressure to have sex makes women more vulnerable to HIV/AIDS?
3. How has the film informed your understanding of the challenges related to partner notification and STI treatment?
4. What insights did you gain from Sonia's gynaecologist's approach to the situation, and the manner in which she counselled Sonia?
5. In your counselling practice, what (if anything) might you have said or done differently?

INFO

Tags: STIs, Women, Sex, Counselling
Use: Very Relevant
Language: Hindi (no subtitles)
Time: 24 minutes
Producer: Aastha-Access, Xavier Institute of Communications (www.xaviercomm.org)

SESSIONS

- Counselling for STI Management (ART/CCC, STI Induction)
- HIV-STI Co-Infection (ICTC, Staff Nurses Induction)
- Partner Notification and Treatment (STI Induction)

MIGRATION

DIRECTOR Mira Nair

SYNOPSIS

Migration features intertwined stories of a homosexual relationship, a stilted marriage and migration. In search of work, Birju leaves his village and comes to Mumbai. Once there, he meets Divya, the wife of a city business-man. Divya's husband Abhay, unbeknownst to her, is in love with another man. Her distant relationship with her husband leads Divya to engage in unprotected sex with Birju. Apologetic about her infidelity, Divya subsequently has sex with her husband, and becomes pregnant. Meanwhile, upon Birju's return to his village, his wife also becomes pregnant. At a routine test for her pregnancy, Birju and his wife learn that they both have HIV.

QUESTIONS

1. What series of events do you think led to Birju's wife being infected with HIV?
2. Do you think migration places individuals at an increased risk of HIV infection? Why or why not?
3. Did the relationships and scenarios presented in the film bear any similarities to those you see in your community, and with your clients?
4. How might you use the insights gained from this film to better counsel your clients with regards to safer-sex negotiation?
5. How do you think this film deals with the question of blame and HIV infection? After watching the film, did you feel that any one character was at fault for the events that transpired?

INFO

Tags: Migration, Marriage, MSM, HIV/AIDS, Transmission, Blame
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 19 minutes
Producer: The Bill and Melinda Gates Foundation & Mirabai Films (available from www.aidsjaago.com)

SESSIONS

- Counselling for Mobile Populations (STI Induction)
- Targeted Interventions: Mobile Populations (ICTC Induction)

MOKSHA

DIRECTOR Pankaj Butalia

SYNOPSIS

Abandoned by their families to lives of penury, marked by white veils which they wear, Bengali widows find solace and food in the ashrams of Vrindavan where they gather every morning and evening to sing religious songs. In this profoundly moving documentary on widowhood portrayed both as social institution and personal tradition, moments of astonishing sensuous beauty alternate with rhythms of anguish. In the best of the new ethnographic tradition, *Moksha* decentres the voices of authority and allows a plurality of voices to introduce contesting positions. Haunting in its evocation of grief and anger, the film transcends the documentary format and assumes its place in the great tradition of lamentation, the expression of the dark night of the human soul.

QUESTIONS

1. After watching this film, in what ways do you think the experiences of men and women differ with respect to widowhood?
2. What do you see as key principles in counselling or interacting with unmarried/divorced/widowed women?
3. How do you think your community would react to *Moksha*? Is living in an ashram common practice for widows from your community?

INFO

Tags: Widowhood, Women, West Bengal
Use: Exposure
Language: Bengali (English subtitles)
Time: 84 minutes
Producer: Vital Films (available from www.ucfilms.in)

SESSIONS

- Evening Session

MY BROTHER NIKHIL

DIRECTOR Onir

SYNOPSIS

This film is set in Goa between 1989 and 1994 – the early days of HIV/AIDS in India. Nikhil Kapoor is the state all-round swimming champion. His father Navin Kapoor has raised his son to be a sportsman, a dream that he never achieved for himself. One day, Nikhil is arrested; the reason being that he is HIV-positive. This film deals with Nikhil's trauma and his fight for dignity. This is a film about how a closely-knit family falls apart when faced with a crisis; about a sister's unconditional love for her brother; about a love that withstood social disapproval; about a man's desire to achieve something in life and finally, about acceptance.

QUESTIONS

1. How has this film informed your understanding of the experiences of people living with HIV/AIDS?
2. How would the stigma faced by people living with HIV/AIDS impact work on HIV/AIDS?
3. How does this film portray the specific challenges that HIV-positive men who have sex with men might face?
4. Do you think society's attitude towards positive persons (as shown in the film) has changed since the era depicted in the film? If so, how?
5. In your experience, how important is family care and support to a person living with HIV/AIDS?

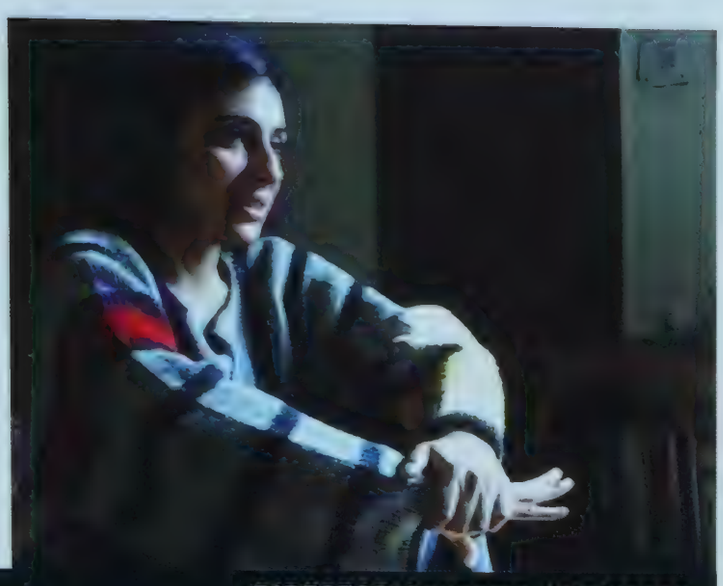
INFO

Tags: Stigma, Discrimination, HIV/AIDS, Care and Support, MSM, Goa
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 120 minutes
Producer: Four Front Films (www.mybrothernikhil.com)

SESSIONS

- Counselling for People Living with HIV (STI Induction)
- Counselling in HIV/AIDS Home-Based Care Settings (ICTC Induction)
- Crisis Intervention and Problem-Solving for Patients with HIV/AIDS (ICTC, ART/CCC Induction)
- Grief and Bereavement Counselling (ICTC, ART/CCC Induction)
- Positive Living and HIV (ICTC and ART/CCC Refresher)
- Purview of Counselling in HIV/AIDS Home-Based Care (ART/CCC Induction)
- Stigma and Discrimination (ICTC Refresher)
- Stigma and Discrimination Related to HIV/AIDS (ANM and Staff Nurses)
- Stigma and Discrimination Related to HIV/AIDS (ART/CCC Induction)

ON MY OWN



DIRECTOR Anupama Srinivasan

SYNOPSIS

Five single women, differing somewhat in age and rather more in income, choose to live on their own in 21st century Delhi. This simple, effective film captures their hopes and dreams, their fears and anxieties as it simultaneously explodes the myth of our cosmopolitan capital city. Hassath, Anuja, Anjali, Myrl and Dalang are candid before the camera as they allow the filmmakers into their private spaces, physical as well as emotional. Their complete candour makes individual testimony into a larger statement about being a woman alone in a city that offers both personal and professional freedoms.

QUESTIONS

1. Why do you think living alone is not a socially-accepted choice for women?
2. Do single women in your community face stigma?
3. What are some other examples you can think of, of women who have successfully defied traditional gender norms?

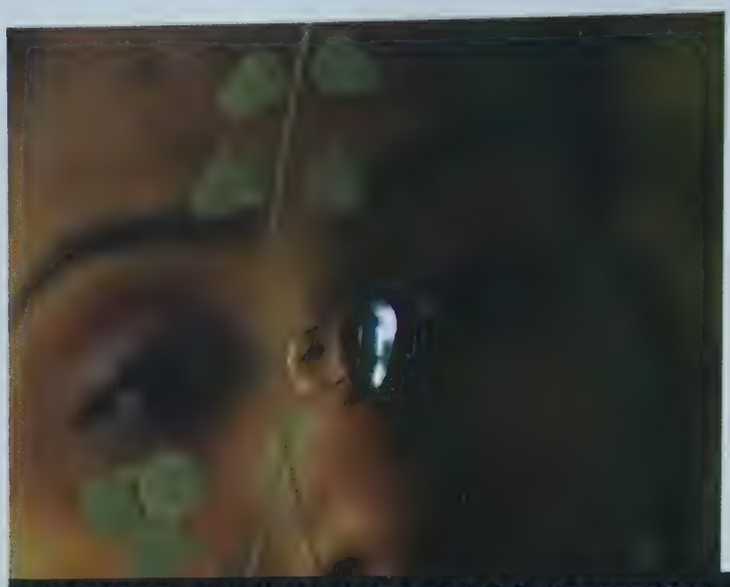
INFO

Tags: Women, Urban, Delhi
Use: Exposure
Language: Hindi (English subtitles)
Time: 30 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Evening (Optional)

OUR FAMILY



DIRECTOR Anjali Monteiro and K.P. Jayasankar

SYNOPSIS

What does it mean to cross the line that divides gender? Is there life beyond a hetero-normative family? Set in Tamil Nadu, *Our Family* brings together excerpts from *Nirvanam*, a performance by Pritham K. Chakravarthy; and a family of three generations of transgendered female subjects. Aasha, Seetha and Dhana, who are bound together by ties of adoption, belong to the community called *Aravanis*. The film juxtaposes the 'normality' of their existence with the dark and powerful narrative by Pritham: *Nirvanam* (liberation) that presents the tumultuous journey towards a reinvented selfhood. The pleasures and dilemmas of becoming the 'other' is the motif of the film; weaving performance and everyday life, it problematizes the divides between 'us' and 'them'.

QUESTIONS

1. How has this film changed your understanding of the term 'family'?
2. How can families provide a support structure for people living with HIV/AIDS?
3. Do you think performances, street theatre and plays can be used as tools to create awareness around HIV in your community? Are you aware of any such efforts?
4. How does this film portray transgender persons? Did the film leave you with any questions?
5. Based on the film's insights, what additional factors would you keep in mind while counselling a transgender person?

INFO

Tags: Family, Transgender, Tamil Nadu
Use: Very Relevant
Language: Tamil (English subtitles)
Time: 56 minutes
Producer: Centre for Media and Cultural Studies, Tata Institute of Social Sciences (available from www.ucfilms.in)

SESSIONS

- Adherence Issues and Counselling for MSM (ART/CCC Induction)
- Counselling for MSM (STI Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (Staff Nurses)
- Gender Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI, ART/CCC Induction)
- Sexuality and HIV (ICTC Induction)
- Targeted ICTC Interventions (ICTC Induction)
- Understanding Gender Concerns (ART/CCC Induction)

OUT OF THE CLOSET

DIRECTOR Bishakha Datta and Jeevanandham Rajendran

SYNOPSIS

Out of the Closet traces a series of 'People's Panchayats on Resisting Stigma and Homophobia' which sought to understand and unravel heroic battles against stigma and homophobia through the voices of survivors and resistors. Through depositions, the panchayats address the devaluation of livelihoods and life systems of entire communities of people who practice an alternate sexuality, to the absolute erosion of all notions of rights or dignity. People from sexual minority communities share their personal experiences of living with, and resisting, stigma and homophobia.

QUESTIONS

1. What are the specific forms of stigma and homophobia identified in the film?
2. How are stigma and homophobia resisted through day-to-day actions?
3. Do you think panchayats can be used as advocacy tools in the struggle against HIV/AIDS?
4. If you held a panchayat on issues related to HIV/AIDS in your community, what specific issue would it focus on?

INFO

Tags: Stigma, Homophobia, LGBT, Rights, Sexuality
Use: Relevant
Language: English
Time: 13 minutes
Producer: Action Plus (available from www.pointofview.org)

SESSIONS

- Stigma and Discrimination (ICTC Refresher)
- Stigma and Discrimination Related to HIV/AIDS (ANM and Staff Nurses)
- Stigma and Discrimination Related to HIV/AIDS (ART/CCC [illegible])

P(L)AIN TRUTH

DIRECTOR Ilppo Pohjola

SYNOPSIS

P(L)ain Truth tells the story of a transsexual's journey from a biological woman into a biological man. Using poignant imagery, text and music, the film describes the range of emotions that she goes through during the different stages of the painful transformation. A symbolic documentary, *P(L)ain Truth* is completely devoid of dialogue. The film comments on the relationships between gender, sexuality and biology, traversing the realms of memory, fiction and reality.

QUESTIONS

1. Has this film offered you any insights into the process of sex reassignment?
2. Have you, as a counsellor encountered individuals on similar journeys?
3. What role can counselling play in reducing the emotional turmoil related to sex reassignment?

INFO

Tags: Transsexual, Sex Reassignment
Use: Exposure
Language: No dialogue
Time: 16 minutes
Producer: Crystal Eye Ltd. (available from www.ucfilms.in)

SESSIONS

- Evening (Optional)

DIRECTOR Leena Manimekalai

SYNOPSIS

This film explores the status of dalits in India with the South Indian village Siruthondamadevi as a classic example. Siruthondamadevi continues to live with the 'official' lie that atrocities against minorities are a thing of the past. Here, about 600 dalits are under assault everyday by the backward castes in the village – they face untouchability, sexual harassment, rape, assault, exploitation of labour. The documentary questions the constitutional concept of 'justice for all'. After more than 60 years of independence, a major section of Indian society still lives oppressed in the name of caste.

QUESTIONS

1. To what extent do the experiences of villagers in Siruthondamadevi resonate with you?
2. Why do you think the crimes (both sexual and other) against dalits in this village go largely unnoticed?
3. Please share any examples of caste-based discrimination in your community.
4. Does the stigma faced by dalits in the film remind you of the stigma that people living with HIV/AIDS might face?
5. How would you, as a counsellor, deal with the layers of stigma faced by someone who is both dalit and HIV-positive?

INFO

Tags: Dalit, Caste, Violence, Women, Tamil Nadu
Use: Exposure
Language: Tamil (English subtitles)
Time: 45 minutes
Producer: C. Jerrold, Kanavuppattarai
(available from leenamanimekalai@gmail.com

SESSIONS

- Evening (Optional)

PATENTS OR PATIENTS?

DIRECTOR Joost de Haas

SYNOPSIS

Yusuf Hamied is the Robin Hood of the pharmaceutical industry. He steals medicines from the rich and gives them to the poor. His company Cipla produces so-called generic medicines, cheap copies of the original patented medicines of large pharmaceutical companies from the US and Europe. Is he a thief? No, patents laws are national laws. Just like the US decided for reasons of national security that inventions dealing with nuclear energy cannot be patented, India decided that medicines cannot be patented to guarantee a viable health system. Hamied surprised the world when he offered cheap AIDS drugs to South Africa. His initiative started a worldwide discussion about patent rights. Do the pharmaceutical companies really spend as much on the development of new medicines as they say they do? And do they need patents to protect their huge profits?

QUESTIONS

1. How does this film portray the politics of access to HIV/AIDS treatment?
2. Do your clients face similar issues as those portrayed in the film?
3. How would you, as a counsellor, address issues of access to treatment that your clients face?
4. What strategies can be implemented at the local level to ensure improved access to HIV/AIDS medication?
5. Please share your experiences, if any, of counselling HIV-positive people who do not have access to treatment.

INFO

Tags: Access to Treatment, HIV/AIDS, ART
Use: Exposure
Language: German (English subtitles)
Time: 25 minutes
Producer: Joost de Haas Mediaproductions (available from www.ucfilms.in)

SESSIONS

- Evening (Optional)

PESU MANAME PESU

DIRECTOR Jeevanandham Rajendran

SYNOPSIS

Pesu Maname Pesu is a one-hour telefilm with two endings, adapted from a field-tested HIV street-play script. The film tells the story of Karpagam, a village girl who, in accordance with her brother's wishes, has an arranged marriage with a wealthy villager's son. Once married, she discovers that her husband has HIV. *Pesu Maname Pesu* deals with the topic of disclosure in an approachable, feature format. The film is followed by a discussion with a doctor. As it has multiple endings, it provokes argument and discussion when audiences are asked to choose their preferred ending. Part I is the story of the village girl who contracts HIV. Part 2 is a discussion with Dr. Suniti Solomon, who answers questions raised in the story about HIV/AIDS.

QUESTIONS

1. Which of the two endings for the film do you prefer?
2. Which of the two endings do you feel is closer to the experience that people living with HIV/AIDS in your community might have?
3. An HIV/AIDS expert once said, "The biggest risk for women is marriage." Do you agree? Why or why not?
4. What difference do you think pre- and post-test counselling, and confidentiality, would have made to the lives of this family?
5. As a counsellor, what would you do differently in disclosing a patient's HIV-positive status to him or her?

INFO

Tags: Disclosure, HIV/AIDS, Counselling, Tamil Nadu
Use: Very Relevant
Language: Tamil (English subtitles)
Time: 60 minutes
Producer: Jeevanandham Rajendran
(available from www.nalamdana.org)

SESSIONS

- Counselling for Disclosure and Couple Counselling (ICTC Refresher)
- Counselling for Partner Management and Disclosure (ART/CCC Induction)
- Family Counselling for Patients with HIV/AIDS (ART/CCC Induction)
- Marital and Family Counselling for Persons with HIV/AIDS (ICTC Induction)

PHIR MILENGE

DIRECTOR Revathy

SYNOPSIS

Tamanna Sahni is a dedicated staff member of a top advertising agency; her ideas and designs have greatly contributed to the success of the agency. She leaves for a college reunion and meets her college sweetheart Rohit Manchanda. They rekindle their love for each other and share some intimate moments together. Eventually Rohit leaves and Tamanna settles back into her normal daily routine. When her sister has an accident she decides to give her own blood to replace the blood used to save Tanya. However her doctor tells her that she has tested positive for HIV. Tamanna's world turns upside down and she desperately tries to get into contact with Rohit but in vain. News of her status soon spreads and she loses her job. Angered by her unfair dismissal, she searches for a lawyer to fight her case.

QUESTIONS

1. In the film, Tamanna's life turns upside down on hearing that she has HIV. Do clients come to you in a similar state of mind? How do you counsel them in such situations?
2. How does this film deal with disclosure of HIV status in the workplace, and in personal relationships?
3. Are you aware of legal mechanisms that people living with HIV/AIDS can use to combat discrimination?

INFO

Tags: Discrimination, Disclosure, HIV/AIDS, Women, Law
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 124 minutes
Producer: Percept Picture Company (www.perceptindia.in)

SESSIONS

- Crisis Intervention and Problem-Solving Counselling for Patients with HIV/AIDS (ICTC, ART/CCC Induction)
- Crisis Intervention and Problem-Solving Counselling (ICTC Refresher)
- Legal and Ethical Issues Related to HIV/AIDS (ICTC, ART/CCC, STI Induction)
- Stigma and Discrimination (ICTC Refresher)
- Stigma and Discrimination Related to HIV/AIDS (ANM and Staff Nurses)
- Stigma and Discrimination Related to HIV/AIDS (ART/CCC Ind ction)

POSITIVE

DIRECTOR Farhan Akhtar

SYNOPSIS

Positive is the story of a boy who grows up believing that his family is extraordinary. Abhijit's father is a photographer, and as time goes by, he starts to notice that his father is involved in relationships outside of his marriage. His image of his father gets slowly tarnished, and when he is older, he decides to go to South Africa to study instead of being his father's apprentice. He comes back to India upon learning that his father has AIDS. *Positive* tells the story of a family's journey with HIV, and the extraordinary lessons they learn in the process.

QUESTIONS

1. Did you agree with Abhijit's mother's decision to stay by her spouse's side, despite his infidelities? Why or why not?
2. Do you agree with Abhijit's beliefs that there is no family like his? Why or why not?
3. What are some of your clients' experiences with their families, once they disclose their positive status?
4. What lessons do you think this film offers in terms of overcoming crises, and HIV care and support?
5. How would you counsel each of the three main characters in the film?

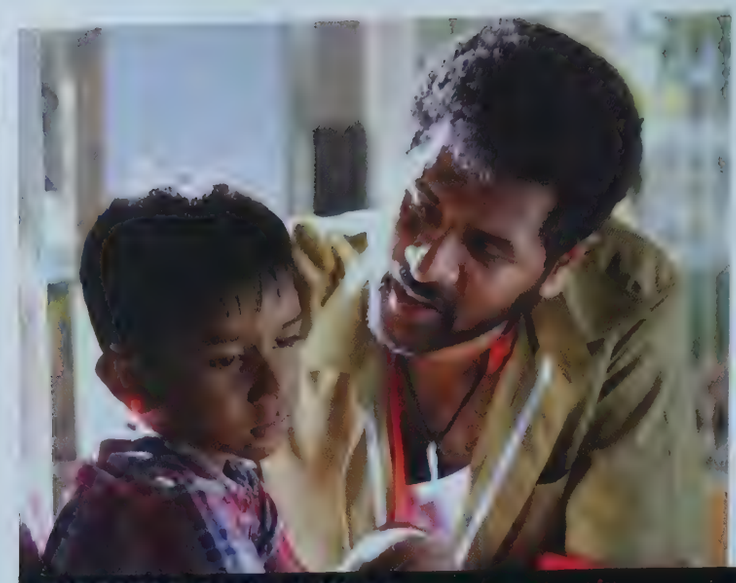
INFO

Tags: Family, Care and Support, HIV/AIDS, Marriage
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 19 minutes
Producer: The Bill and Melinda Gates Foundation & Mirabai Films (available from www.aidsjaago.com)

SESSIONS

- Counselling for Disclosure and Couple Counselling (ICTC Refresher)
- Counselling for Partner Management and Disclosure (ART/CCC Induction)
- Family Counselling for Patients with HIV/AIDS (ART/CCC Induction)
- Marital and Family Counselling for Persons with HIV/AIDS (ICTC Induction)

PRARAMBHA



DIRECTOR Santosh Sivan

SYNOPSIS

Prarambha (A Beginning) tells the story of Kittu, a young boy in search of his mother. He meets Putta, a truck driver who agrees to drive him to Mysore to see his mother. Once there, the two realize that Kittu's mother is in the last stages of AIDS. Kittu then tells Putta that he too has HIV, because of which he has been asked to leave his school. Putta then decides to make sure that Kittu gets readmitted to his school. He goes back to the village with Kittu and mobilizes the media and local support to ensure that HIV does not keep Kittu from studying and getting the education that every child deserves.

QUESTIONS

1. Does Putta challenge traditional ideas of truck drivers? In what ways?
2. What do you see as the role of people like Putta, who don't have HIV, in ensuring that those living with HIV are not discriminated against?
3. Do you think Kittu's headmistress was justified in asking him to leave the school? Have any of your clients faced similar problems with educational institutions?
4. How might you use examples from Putta's conversations with Kittu to better counsel your HIV-positive clients?
5. What factors would you keep in mind when counselling children whose parents are in the final stages of AIDS?

INFO

Tags: Children, HIV/AIDS, Advocacy, Truck Drivers, Karnataka
Use: Very Relevant
Language: Kannada (English subtitles)
Time: 13 minutes
Producer: The Bill and Melinda Gates Foundation & Mirabai Films (available from www.aidsjaago.com)

SESSIONS

- Targeted Interventions: Youth and Children (ICTC Induction)

PUNCHES AND PONYTAILS

DIRECTOR Pankaj Rishi Kumar

SYNOPSIS

Boxing has traditionally been seen as a masculine activity, identified with male physique and psychology. Blood, bruises, cuts and concussions are considered 'natural' for men, but absolutely at odds with the essence of femininity. Boxing is deeply gendered, embodying and exemplifying a "definite form of masculinity: plebeian, heterosexual and heroic". Thus, when female boxers display unconventional signifiers like aggression and power, there is a lack of grammar to understand this experience. This project explores the lives and worlds of female boxers through interviews.

QUESTIONS

1. Why do you think boxing has traditionally been defined as a 'male' activity?
2. Were a woman in your community to take up boxing, how do you think community members would react?
3. What are some other examples you can think of, of women and men who have successfully defied traditional gender norms?
4. What (if any) alternate definitions of femininity and masculinity would you like to see exist in your community?

INFO

Tags: Women, Boxing
Use: Exposure
Language: Hindi (English subtitles)
Time: 74 minutes
Producer: Kumar Talkies (www.kumartalkies.blogspot.com)

SESSIONS

- Evening (Optional)

ROSHNI

DIRECTOR Bobby Wahengbam

SYNOPSIS

People continue to discriminate against those living with HIV/AIDS partly due to a lack of knowledge. Against this backdrop, this documentary shares the journey of a young HIV-positive woman who comes out openly, overcoming stigma and discrimination, to avail of treatment, care and support. Later, she becomes a support provider encouraging other people living with HIV/AIDS to come out of their cocoons to lead a normal life. While clearly emphasizing the fact that HIV is neither dirty nor easily communicable, the documentary asks people to lend a helping hand to people living with HIV/AIDS instead of discriminating against these vulnerable populations.

QUESTIONS

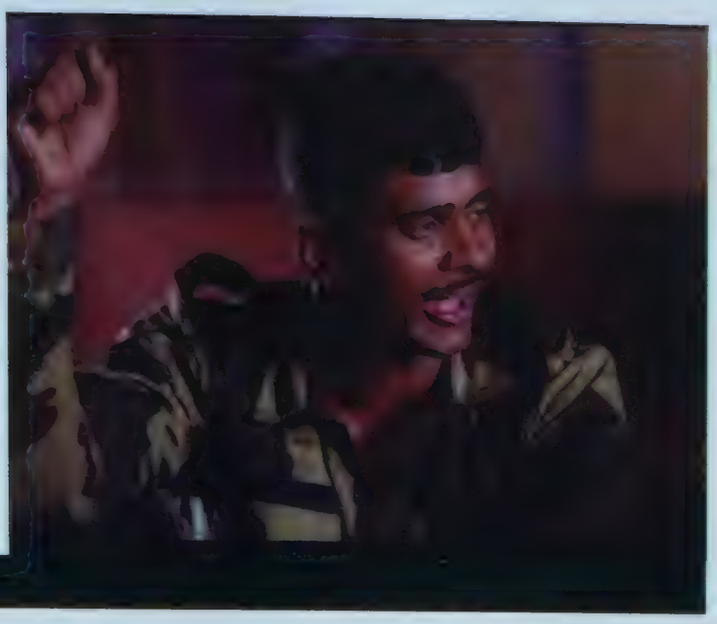
1. How has this film informed your understanding of the experiences of women living with HIV/AIDS?
2. How does this film portray the specific challenges that HIV-positive women face?
3. How could support groups help HIV-positive people deal with the stigma and discrimination that they face?
4. Are you aware of support networks that exist in your community? As a counsellor, what efforts could you make to link clients to support groups?

INFO

Tags: Stigma, Women, HIV/AIDS, Support, Manipur
Use: Very Relevant
Language: Manipuri (English subtitles)
Time: 25 minutes
Producer: Bobby Wahengbam (bobbythirdeye@gmail.com)

SESSIONS

- Counselling for People Living with HIV (STI Induction)
- Positive Living and HIV (ICTC and ART/CCC Refresher)
- Stigma and Discrimination (ICTC Refresher)
- Stigma and Discrimination Related to HIV/AIDS (ANM and Staff Nurses)
- Stigma and Discrimination Related to HIV/AIDS (ART/CCC Induction)



SAAVDHAAN - IT'S A BATTLE AGAINST HIV/AIDS

SYNOPSIS

Produced jointly by BSF and UNAIDS, this film explores the risks security personnel are exposed to, and aims at reducing their potential vulnerability to HIV. The narrative leverages the crucial yet lesser-known fact that HIV-positive parents, with due medical intervention, can have HIV-negative children. This fact is used to motivate people to know their HIV status, and therefore, volunteer for testing. Recognizing the role of leadership, the film portrays the Director General BSF leading the force from the front in the battle against AIDS, urging men to fulfill their responsibility to the country by securing the society from within, as well as from the outside.

QUESTIONS

1. To what extent do the gender norms for soldiers in this film reflect those for men in your community?
2. How do situations of armed conflict increase vulnerability to HIV/AIDS?
3. How do you think society's expectations of men (as seen in the film) impact their relationships with other people in their lives?
4. What (if any) alternate definitions of masculinity would you like to see exist in your community?
5. Did the film leave you with any insights on how to motivate individuals to voluntarily test themselves for HIV?

INFO

Tags: Men, Armed Forces, HIV/AIDS
Use: Relevant
Language: Hindi (English subtitles)
Time: 20 minutes
Producer: BSF & UNAID (www.unaids.org.in)

SESSIONS

- Building Comfort about Sex and Sexuality (ART/CCC Induction)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Sexuality and HIV (ICTC Induction)
- Understanding Gender Concerns (ART/CCC Induction)

SANCHARRAM

DIRECTOR Ligy Pullapally

SYNOPSIS

In an idyllic village in Kerala, two lifelong friends – Kiran and Delilah - fall in love, but their lesbian relationship creates a scandal in the community. Since tradition still dictates that a girl marry a boy chosen by her family, the two women refrain from making their love public. Despite being hidden, their relationship soon becomes obvious to their families. As the whispering begins, Delilah's mother confronts her and demands that the relationship end. Worse, to save her reputation, she quickly arranges a marriage for her daughter. Kiran is devastated, and tries to convince Delilah to run away with her. When she realizes that Delilah isn't going to defy her mother, Kiran is driven to a precipice where she must decide her fate.

QUESTIONS

1. What are the barriers that women like Kiran and Delilah might face in your community?
2. How might you counsel lesbian couples or their families?
3. Lack of community acceptance results in stigma for same-sex relationships. Can counselling help LGBT couples deal with the stigma that they face? If so, how?
4. How can your counselling ensure that it does not replicate stereotypical attitudes towards same-sex relationships?

INFO

Tags: Lesbian, Women, Kerala
Use: Relevant
Language: Malayalam (English subtitles)
Time: 107 minutes
Producer: Jerry Thomas (www.thejourney-themovie.com)

SESSIONS

- Adherence Issues and Counselling MSM (ART/CCC Induction)
- Building Comfort about Sex and Sexuality (ART/CCC Induction)
- Counselling MSM (STI Induction)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Sexuality and HIV (ICTC Induction)
- Targeted Interventions: MSM (ICTC Induction)

SANTI, LUCY AND THOIBE

DIRECTOR Kishalay Bhattacharjee

SYNOPSIS

Ever since HIV/AIDS made its presence felt in India's North East around 18 years ago, many harm reduction-based interventions have been implemented to address drug use and HIV. The ground gained in addressing 'harms' related to drug use however seems to be slipping away with the emergence of Hepatitis C as a very common co-infection with HIV among injecting drug users. As early as 1994, an ICMR study showed 98% of users in Churachandpur and 92% in Imphal were positive for both Hepatitis C and HIV. Hepatitis C is the next health crisis waiting to explode given its easy transmission mode. While HIV-positive people are surviving due to anti-retroviral treatment, they are often dying of Hepatitis C as a result of highly expensive and thus unaffordable treatment.

QUESTIONS

1. What (if any) are some of your previous misconceptions that were clarified upon watching this film?
2. What do you see as reasons for the low perception of risks associated with Hepatitis C?
3. What are the barriers to counselling intravenous drug users?
4. What steps could you take to encourage this community to seek counselling?
5. What positive steps could you take to ensure that intravenous drug users do not drop out of counselling?

INFO

Tags: IDUs, Hepatitis C, HIV/AIDS, Co-Infection, Manipur
Use: Relevant
Language: Manipuri (English subtitles)
Time: 20 minutes
Producer: New Delhi Television
(available from www.cultureunplugged.com)

SESSIONS

- Adherence Issues and Counselling for IDU (ART/CCC Induction)
- Counselling for IDU (STI Induction)
- HIV/AIDS Basic Information (ICTC, ART/CCC, STI Induction)
- Targeted Interventions: IDUs (ICTC Induction)

SHANKAR

DIRECTOR Sumit Osmand Shaw

SYNOPSIS

Shankar provides a glimpse into the life of Shankar, a HIV-positive single parent. Shankar was infected with HIV by his wife, who has since passed away. Besides working to support himself and his teenage son, Shankar also dedicates time to raising awareness of HIV/AIDS in his neighbourhood, and with people he interacts with around the city. The film deals insightfully with Shankar's dilemma of whether or not to reveal his status to his son. His concern that his son will be left alone, were he to fall ill, is communicated poignantly through this 30-minute film.

QUESTIONS

1. How has this film treated the disclosure-related dilemmas of people living with HIV/AIDS?
2. How does this film portray the specific challenges that HIV-positive single parents might face?
3. Have you come across clients like Shankar? How did you counsel them?
4. What steps can counsellors take to help parents disclose their positive status to their children?
5. How can counselling enable individuals in the final stages of AIDS to address the unvoiced question: what after my death?

INFO

Tags: Disclosure, Single Parent, HIV/AIDS, Andhra Pradesh
Use: Relevant
Language: Hindi (English subtitles)
Time: 20 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Counselling Children (STI Induction)
- Counselling for Adolescents (STI Induction)
- Grief and Bereavement Counselling (ICTC, ART/CCC Induction)
- Orientation to Paediatric ART and Counselling (ART/CCC Induction)
- Targeted Intervention: Youth and Children (ICTC Induction)

SILK PRISON (working title)

DIRECTOR Ipshita Maitra

SYNOPSIS

Silk Prison follows the story of Meera, a woman admitted in a public hospital for attempted suicide. A concerned nurse, who believes Meera to be a survivor of domestic violence, introduces her to Dilaasa, a counselling service for women facing abuse. With the counsellor's help, Meera leaves her abusive spouse, and moves in to a separate house with her young daughter. *Silk Prison* focuses on the important role that health-care professionals can play in stemming domestic violence. Since hospitals are often the first refuge for abused women, the steps that a nurse or a doctor takes can have a marked impact on situations involving familial or spousal abuse. The film also emphasizes the counsellor's role in helping transform the lives of survivors of domestic violence.

QUESTIONS

1. Has this film altered your previous perceptions of domestic violence? If so, how?
2. What is your analysis of the role of health service providers in stopping domestic violence?
3. What role did counselling play in the film?
4. Do any of your positive clients face issues of domestic violence? If so, what strategies from the film might you use in counselling them?
5. How would you counsel couples where one person is facing domestic violence from the other?

INFO

Tags: Violence, Health, Counselling, Women
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 37 minutes
Producer: CEHAT and Point of View (www.pointofview.org)

SESSIONS

- Counselling for Sexual Assault (ICTC Induction)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)

SKIN DEEP

DIRECTOR Reena Mohan

SYNOPSIS

Skin Deep is an exploration of body image and self-identity among contemporary urban middle-class women in India. The women featured in this film are all anxious about their bodies – they share their feelings of being too dark, too fat, too old, that everyone experiences and attempts to come to terms with. The film attempts to trace the dynamics of the eternal search for the feminine ideal, and how this permeates the self-image of women. Shot in the form of docu-fiction, six enacted first-person narratives comprise the basic structure of the film. For the viewer, Mohan's film emphasizes the futile search for physical perfection that occupies many women, and informs their daily realities.

QUESTIONS

1. After watching this film, how do you think media-generated images of 'female beauty' affect the self-perceptions of women?
2. In what ways did you agree or disagree with the sentiments expressed by the narrators?
3. What are some of the ways in which a woman's negative perception of her body could affect her vulnerability to HIV/AIDS?
4. What are some of the counselling strategies that you would use when dealing with women?

INFO

Tags: Body Image, Women
Use: Exposure
Language: Hindi (English subtitles)
Time: 83 minutes
Producer: Majlis (available from www.ucfilms.in)

SESSIONS

- Evening (Optional)

SOMETHING LIKE A WAR

DIRECTOR Deepa Dhanraj

SYNOPSIS

Something Like a War examines India's national family planning programme from the perspective of women, who are its primary targets. The programme, launched in 1952, was formulated in collaboration with Western population-control experts. The film traces the history of the family planning programme and exposes the cynicism, corruption and brutality, which characterize its implementation. It also questions the ethics of internationally-funded contraceptive research, which uses Indian women as guinea pigs. As the women discuss their sexuality, fertility control and health, it is clear that in the absence of inputs such as education, health care, land reform, employment opportunities, social security and improvement in women's status, the family planning programme in their words is "reducing the poor not poverty".

QUESTIONS

1. How has this film informed your understanding of how the family planning programme works in India?
2. What strategies do you think should be adopted to assure informed access to contraception?
3. How can research into issues such as contraception, STIs, HIV/AIDS be carried out ethically?

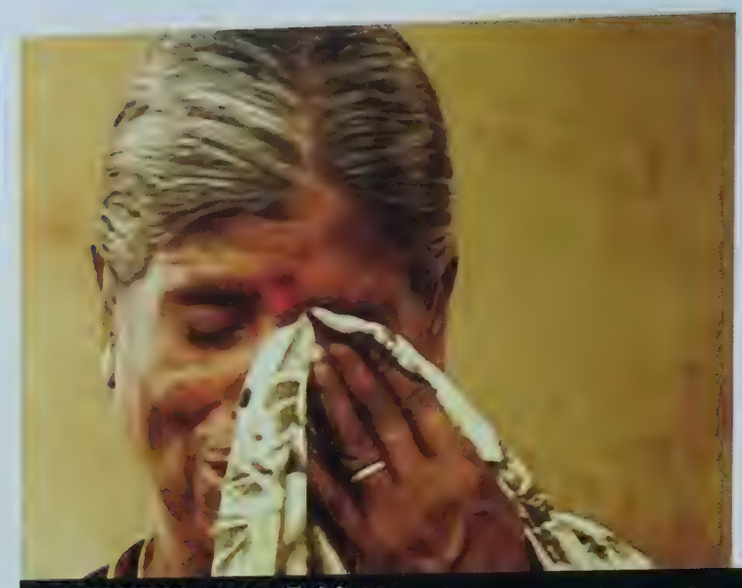
INFO

Tags: Family Planning, Population, Women, Health
Use: Exposure
Language: Hindi (English subtitles)
Time: 52 minutes
Producer: Deepa Dhanraj (available from www.ucfilms.in)

SESSIONS

- Evening (Optional)

SUFFERING IN SILENCE



DIRECTOR Vishy Teki

SYNOPSIS

This 20-minute documentary gets up close and personal with people living with HIV/AIDS in Andhra Pradesh. The film highlights the social stigma that haunts people affected with HIV. Almost always, victims have more than just the disease to worry about. They are neglected by their own families and looked upon as social outcasts. Worse still is the case of women, who are infected by their husbands. Before they realize why their health is deteriorating, the virus is passed on to their children, who in turn are ostracized by people at large. The documentary doesn't stop at mirroring reality, but has pointers on how life could be made better for people living with HIV/AIDS.

QUESTIONS

1. How has this film informed your understanding the experiences of people living with HIV/AIDS?
2. How would the stigma faced by people living w HIV/AIDS impact work on HIV/AIDS?
3. How does this film portray the different challenges that HIV-positive women and men face
4. How can counselling help relieve the burden of stigma faced by people living with HIV/AIDS?
5. Can counselling help improve the quality of life of people living with HIV/AIDS? If so, how?

INFO

Tags: Stigma, HIV/AIDS, Positive Living, Andhra Pradesh
Use: Very Relevant
Language: Telugu (English subtitles)
Time: 20 minutes
Producer: Action Aid (www.actionaidindia.org)

SESSIONS

- Counselling for People Living with HIV (STI Induction)
- Positive Living and HIV (ICTC and ART/CCC Refresher)
- Stigma and Discrimination (ICTC Refresher)
- Stigma and Discrimination Related to HIV/AIDS (ANM and Staff Nurses)
- Stigma and Discrimination Related to HIV/AIDS (ART/CCC Induction)

TALES OF THE NIGHT FAIRIES

DIRECTOR Shohini Ghosh

SYNOPSIS

Five sex workers - four women and one man - along with the filmmaker/narrator embark on a journey of storytelling. *Tales of the Night Fairies* explores the power of collective organizing and resistance while reflecting upon contemporary debates around sex work. The labyrinthine city of Kolkata forms the backdrop for personal and musical journeys. The film attempts to represent the struggles and aspirations of thousands of sex workers who constitute Durbar Mahila Samanwaya Committee (DMSC), an initiative that emerged from the Sonagachi HIV/AIDS Intervention Project. A collective of men, women and transgendered sex workers, DMSC demands the decriminalization of adult sex work and the right to form a trade union.

QUESTIONS

1. Has this film changed your perspective on people in sex work? If so, how?
2. How do peer-based interventions help prevent HIV?
3. How do you view sex work? Does that influence your counselling in any way?
4. Does the film offer you any lessons that can help strengthen your counselling practice?
5. Please share your experiences (if any) on counselling sex workers.

INFO

Tags: Sex Work, Union, Law, Trafficking, West Bengal
Use: Very Relevant
Language: Bengali (English subtitles)
Time: 74 minutes
Producer: Centre for Feminist Legal Research and Mama Cash (www.cflr.org)

SESSIONS

- Adherence Issues and Counselling for FSWs (ART/CCC Induction)
- Counselling Women in Sex Work (STI Induction)
- Targeted ICTC Interventions: Sex Workers (ICTC Induction)

THE BURNING ISSUE/ SOME BURNING QUESTIONS

DIRECTOR Abhijit Dasgupta

SYNOPSIS

Through these two films, the director attempts to highlight the discrimination faced by people living with HIV/AIDS in Kolkata. The films are constructed through candid interviews with working-class men and women, who describe the ostracism they faced from their community on learning that they were HIV-positive. Dasgupta provides us with rare insight into their daily realities, asking that society not ignore the issues faced by so many people in this country. Ignorance of HIV/AIDS and related illnesses often leads to distrust and apprehension - these films urge us to educate ourselves about this virus, and to become more accepting of people living with it.

QUESTIONS

1. How has this film informed your understanding of the experiences of people living with HIV/AIDS?
2. How would you counsel individuals who face similar situations to those shown in the film?
3. How does this film portray the different challenges that HIV-positive men and HIV-positive women face?
4. How does society view HIV/AIDS in the film? How is this similar or different to the way HIV/AIDS is seen in your community?

INFO

Tags: Stigma, HIV/AIDS, West Bengal
Use: Relevant
Language: Bengali (English subtitles)
Time: 30 + 30 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Stigma and Discrimination (ICTC Refresher)
- Stigma and Discrimination Related to HIV/AIDS (ANM and Staff Nurses)
- Stigma and Discrimination Related to HIV/AIDS (ART/CCC Induction)

THE FIGHT TO DANCE

DIRECTOR Anish Patel

SYNOPSIS

An observational documentary, *The Fight to Dance* follows the struggle of Mumbai's dance bar community to find its feet in the wake of the Maharashtra government's ban on dance bars. The film highlights the efforts of several community members to overturn this ban that so drastically affected their livelihoods. Many in the community saw the government's reasons for the ban as flawed, insisting that moral policing had effectively curtailed their only means of income. *The Fight to Dance* explores the tension between the State and the dance bar community, the former seeing the latter as soliciting clients and engaging in sex work, the latter defining itself as a community of dancers and artists.

QUESTIONS

1. What new insights did the film offer you into government policy vis-à-vis bar dancers?
2. How do you view bar dancing? Might that influence your counselling in any way?
3. How has this film affected your perspective on women who dance in bars?

INFO

Tags: Bar Dancers, Women, Livelihood, Policy
Use: Exposure
Language: Hindi (English subtitles)
Time: 30 minutes
Producer: Public Service Broadcasting Trust (www.psbt.org)

SESSIONS

- Evening (Optional)

THE RIGHT WAY

DIRECTOR Sridhar Rangayan

SYNOPSIS

These short videos demonstrate the right way to use condoms. Targeted specifically at men who have sex with men, and members of the transgender community, *The Right Way* details seven simple steps to ensure correct condom usage. The videos are intended as an aid in encouraging safer-sex practices amongst communities that are considered to be at a higher risk for HIV/AIDS.

QUESTIONS

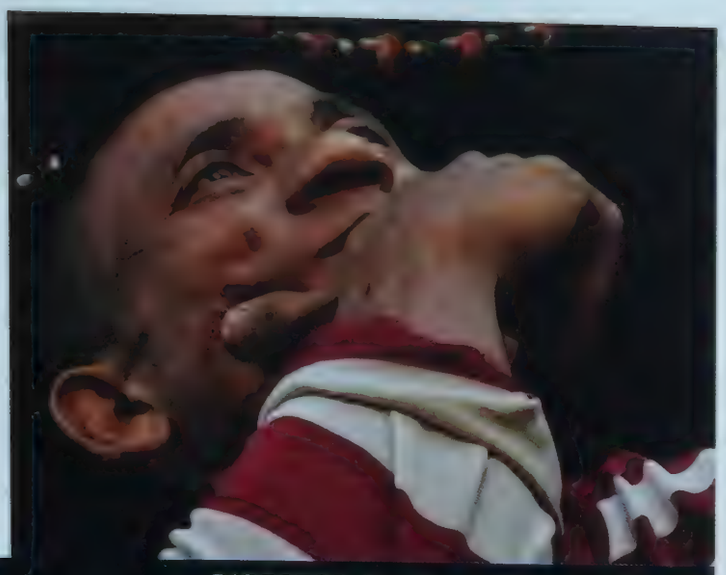
1. Did these videos clear any of your previous misconceptions about the right way to use condoms? If so, what were they?
2. Do you think *The Right Way* can be a useful tool in counselling your clients in safer-sex practices?

INFO

Tags: Condom Use, Safe Sex
Use: Trigger
Language: English and Hindi
Time: 45-60 seconds each
Producer: The Humsafar Trust & UNAIDS (www.humsafar.org)

SESSIONS

- Condom Demonstration (ICTC Induction)
- Condom Use (ART/CCC Induction)
- Counselling about Condom Use (STI Induction)



DIRECTOR Bachaspatimayun Sunzu

THE SHINGNABA CHALLENGE

SYNOPSIS

Shingnaba challenges the perceptions of HIV/AIDS. While many simply chose to give in to the perceived conditions that surround this global health crisis, a young man is determined to dare the foregone conclusions to stand tall amid the shattered dreams as a fountain of hope. Shingnaba is an inspiring tale of a HIV-positive person's success in the competitive arena of body-building. Seeing no hope of recovery with his CD4 count dipping as low as 16, death was only a matter of time for Khundrakpam Pradipkumar. Miraculously he recovered, took to body-building and surprised everybody. Pradipkumar remains determined to prove that nothing can defeat the human spirit, but admits that overcoming stigma and discrimination is a challenge that has to be fought collectively.

QUESTIONS

1. Do you see Pradipkumar as a 'hero' of sorts? Why or why not?
2. How could you use the lessons learnt from the film to better counsel your HIV-positive clients?
3. Do you think working towards a goal made Pradipkumar more determined to take care of himself? If so, how?
4. By competing in public body-building events, do you think Pradipkumar is challenging stereotypical notions of HIV-positive people? If so, how?

INFO

Tags: IDUs, Body-Building, HIV/AIDS, Manipur
Use: Very Relevant
Language: Manipuri (English subtitles)
Time: 27 minutes
Producer: Effective Television
(available from www.synclinefilmstore.com)

SESSIONS

- Adherence Issues and Counselling for IDU (ART/CCC Induction)
- Counselling for IDU (STI Induction)
- Counselling for People Living with HIV (STI Induction)
- Positive Living and HIV (ICTC and ART/CCC Refresher)
- Targeted ICTC Intervention: IDUs (ICTC Induction)

THE SILENT PARTNER: HIV IN MARRIAGE

DIRECTOR Nathan Golon

SYNOPSIS

In sub-Saharan Africa, home to two-thirds of the world's people living with HIV, women make up 60 percent of those infected. Not only are women biologically more susceptible than men to HIV, many behavioural and social factors play into women's vulnerability. This 12-minute documentary, filmed in Kenya, is intended to inform and provoke discussion of harmful gender and societal norms that put women and couples at risk for HIV. It is also intended for advocacy to mobilize political support for sexual and reproductive health and rights to achieve broader social, economic and gender equity. *The Silent Partner: HIV in Marriage* examines the risk of HIV within marriage and the particular challenges faced by married women.

QUESTIONS

1. After watching this film, what relationship do you see between social gender norms for men and women, and the prevalence of HIV/AIDS?
2. *The Silent Partner* is set in Kenya. What similarities or differences do you see when comparing the scenarios of the film with the realities in your community?
3. Were the situations reversed i.e. were the women HIV-positive and their husbands HIV-negative, do you think negotiating condom use would be a similar battle? Why or why not?
4. How will this film inform your counselling of sero-discordant couples?
5. Please share your experiences (if any) of counselling sero-discordant couples.

INFO

Tags: Marriage, Women, HIV/AIDS, Condoms, Sero-Discordance
Use: Very Relevant
Language: Swahili (English subtitles)
Time: 12 minutes
Producer: Population Action International (www.populationaction.org/silentpartner)

SESSIONS

- Counselling for Disclosure and Couple Counselling (ICTC Refresher)
- Counselling for Partner Management and Disclosure (ART/CCC Induction)
- Marital and Family Counselling (ICTC Induction)

TRAJECTORY OF A SAGA

SYNOPSIS

is short film attempts to trace the unique urney undertaken by a collective of women ing with HIV/AIDS. Their four-year journey ought together scores of community aders, activists, social advocates, commit-d officials and concerned people to brain-orm and work towards a collective sponse to the HIV/AIDS epidemic. *Trajec-ry of a Saga* focuses on the impact of V/AIDS on women. The film contributes any valuable lessons and gives us a much-eeded road map on how to develop a ender-sensitive response to HIV/AIDS.

QUESTIONS

1. How has this film informed your understanding of the experiences of women living with HIV/AIDS?
2. How does this film portray the specific challenges, including stigma, that HIV-positive women face?
3. After seeing the film, what do you understand as the role of collective action in responding to HIV/AIDS?
4. What insights does the film offer into developing a gender-sensitive response to HIV/AIDS?
5. What do you as the role of leaders, including community leaders, in responding to HIV/AIDS?

INFO

Tags: Women, Health, HIV/AIDS
Use: Relevant
Language: English
Time: 13 minutes
Producer: Centre For Advocacy and Research (www.cfar.org.in)

SESSIONS

- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Understanding Gender Concerns (ART/CCC Induction)

UNHEARD VOICES

DIRECTOR Anjali Monteiro and K.P. Jayasankar

SYNOPSIS

Drawing on the testimonies of individuals infected through blood transfusions with HIV/AIDS, the film aims to sensitize various groups to the risks involved in HIV transmission through blood exposures. This risk has been systematically underestimated. The film critically examines various unsafe health care and cosmetic practices. It questions the low perception of risks associated with unsafe blood exposures among health professionals and others, which is due to the misinformation about survival of HIV outside the human body. We do not know how much HIV is being spread through sex and how much through blood. Given this scenario, the film also attempts to create awareness about safe practices.

QUESTIONS

1. What (if any) are some of your previous misconceptions that were clarified upon watching this film?
2. What do you see as reasons for the low perception of risks associated with HIV transmission through blood exposure?
3. What precautions should health service providers take to stem the spread of HIV through blood?

INFO

Tags: Blood, Transfusion, Health, HIV/AIDS
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 124 minutes
Producer: Centre for Media and Cultural Studies, Tata Institute of Social Sciences (available from www.ucfilms.in)

SESSIONS

- HIV/AIDS Basic Information (ICTC, ART/CCC, STI Induction)
- Universal Safety Precautions and Post-Exposure Prophylaxis (PEP) (ICTC, ART/CCC, Staff Nurses Induction)

WHEN FOUR FRIENDS MEET

DIRECTOR Rahul Roy

SYNOPSIS

When four friends meet, they share with the camera their secrets: sex and girls; youthful dreams and failures; frustrations and triumphs. Bunty, Kamal, Sanjay and Sanju, best of friends and residents of Jehangirpuri, a working-class colony on the outskirts of Delhi are young and trying to make their lives in an environment which is changing rapidly... girls seem to be very bold... stable jobs are not easy to come by... sex is a strange mix of guilt and pleasure... families are claustrophobic... and the blur of the television is the only sounding board...

QUESTIONS

1. Do young men in your community face similar situations to those depicted in this film?
2. What are some of the other issues that young men in your community face?
3. In the film, sex is a strange mix of guilt and pleasure. Do you see this reflected amongst young men in your community?
4. How do the attitudes of young men towards sex and sexuality increase their vulnerability to HIV/AIDS?

INFO

Tags: Men, Working Class
Use: Very Relevant
Language: Hindi (English subtitles)
Time: 43 minutes
Producer: Rahul Roy (rahulroy63@gmail.com)

SESSIONS

- Building Comfort about Sex and Sexuality (ART/CCC Induction)
- Counselling Children (STI Induction)
- Counselling for Adolescents (STI Induction)
- Gender, Gender Violence and HIV (ICTC Induction)
- Gender, Sexuality and HIV Care and Treatment (ART/CCC Refresher)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Orientation to Paediatric ART and Counselling (ART/CCC Induction)
- Sex, Sexuality, Gender and Vulnerabilit[illegible]
- Sexuality and HIV [illegible]
- Targeted Interventions: Youth and Children (ICTC Induction)
- Understanding Gender Concerns (ART/CCC Induction)

WHO AM I?

DIRECTOR Sohail Akbar, Ash Pachauri & Sandeep Kumar Verma

SYNOPSIS

Who Am I? explores common perceptions of gender, sexuality and identity. Structured around conversations with people from sexual minority communities, the film seeks to understand terms like 'hijra', 'kothi', 'MSM', 'transgender' etc. People from these communities share some of their experiences encountering prejudice and ignorance. The film explores identity politics through the voices of those who are often marginalized, attempting to start mainstreaming their realities. Through conversations with sociologists, activists and lawyers, *Who Am I?* examines the legal and social status accorded to gender non-conforming people in India.

QUESTIONS

1. After seeing this film, how do you understand terms like 'hijra', 'kothi', 'MSM', 'transgender' etc
2. How are the issues they face overlapping, yet distinct from one another?
3. What strategies can you as a counsellor use to address specific issues faced by gender non-conforming persons?
4. Are gender non-conforming people legally and socially recognized in India?
5. Do gender non-conforming people enjoy equal rights and entitlements as citizens of this country? not, can you identify rights that they do not enjoy?

INFO

Tags: Hijra, Kothi, MSM, Transgender, Rights, Law
Use: Relevant
Language: Hindi (English subtitles)
Time: 26 minutes
Producer: The Naz Foundation (India) Trust (www.nazindia.org)

SESSIONS

- Adherence Issues and Counselling MSM (ART/CCC Induction)
- Building Comfort about Sex and Sexuality (ART/CCC Induction)
- Counselling MSM (STI Induction)
- Gender and Sexuality (ANM and Staff Nurses)
- Gender and Sexuality Issues Related to HIV/AIDS (ICTC Refresher)
- Legal and Ethical Issues Related to HIV/AIDS (ICTC, ART/CCC, STI Induction)
- Sex, Sexuality, Gender and Vulnerability (STI Induction)
- Sexuality and HIV (ICTC Induction)
- Targeted Interventions: MSM (ICTC Induction)

WHO'S AFRAID OF LITTLE GIRLS?

DIRECTOR Sehjo Singh

SYNOPSIS

hen drought, scarcity and poverty are mpant, and virginity is the sole criterion for mily pride, child marriages become a way of e. This documentary tries to explore the ompulsions which force the people of Rajas- an to force their little children into matri- ony, in open defiance of the law of the land nd also all attempts at reform. *Who's Afraid f Little Girls?* is a fascinating film that stays ue to its ethnographic commitment, resenting a community and its marriage ractices without narrative judgement. The lm helps the viewer grasp the socio- conomic realities that compel families to ontinue to choose child marriage, in an age which the practice is seen as imprisoning nd antiquated.

QUESTIONS

1. How did you react to *Who's Afraid of Little Girls?* Is child marriage a common practice in your community?
2. What are the risks that marriage could pose for young girls?
3. How would you counsel young boys and girls who are married? Would this differ from how you might counsel married adults?

INFO

Tags: Child Marriage, Rajasthan
Use: Exposure
Language: Hindi (English subtitles)
Time: 32 minutes
Producer: Sehjo Singh (available from www.ucfilms.in)

SESSIONS

- Evening (optional)

XXWHY

DIRECTOR Dr. Bharathy Manjula

SYNOPSIS

"Like a typical man, like a typical woman, I am a typical transgender," declares Sree Nandu, a 25-year-old transgender from Kerala. *XXWhy* scans the translucent layers of Sree Nandu's opaque personality through virtual space. Sree Nandu has painstakingly carved out an identity for herself, hoping to find a niche in the elusive social sphere. *XXWhy* also makes an attempt at clarifying many preconceived notions surrounding the transgender community, while questioning the very existence of social positionalities and fixed gender identities.

QUESTIONS

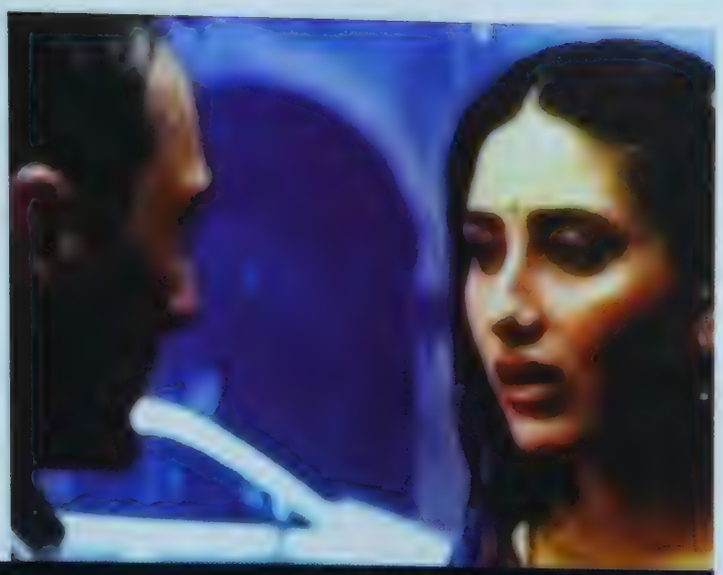
1. After watching this film, do you think transgender persons are born transgender, or that they choose to become transgender?
2. How would you see a female-to-male transgender person? As a woman, a man, or a transgender person?
3. How would you see the sexuality of a female-to-male transgender person who is in a relationship with a woman?

INFO

Tags: Transgender, Kerala
Use: Very Relevant
Language: Malayalam (English subtitles)
Time: 48 minutes
Producer: Centre for Media & Cultural Studies, Tata Institute of Social Sciences (www.tiss.edu)

SESSIONS

- Adherence Issues and Counselling MSM (ART/CCC Induction)
- Counselling MSM (STI Induction)
- Targeted Interventions: MSM (ICTC Induction)



ZINDA LAASH

DIRECTOR Bishakha Datta

SYNOPSIS

his 15-minute documentary compiles clips om various movies to analyze the representa-on of the dhandewali (sex worker) in Bolly-ood. The film raises important questions bout the status of the dhandewali in Indian ociety; a status that is seen to be separate om the traditional female roles of daughter, other and wife. Sex work is seen as a static entity; films show the sex worker to be only e sex worker, rarely a sex worker and a other, or a sex worker and a wife. Bollywood ovies portray the sex worker as being outside f society, and this portrayal is reflective of the anner in which sex workers are often vilified nd ostracized by the communities in which ey live. Devoid of spoken commentary, *Zinda aash* forces audiences to interact with the m, and to draw their own, independent onclusions.

QUESTIONS

1. After watching this film, how do you think Bollywood portrays women in sex work?
1. Do you see people in sex work differently? What are the differences between your perspective and that of Bollywood?
3. How does your perspective of sex work shape your counselling?
4. How do the lives of sex workers differ in real life from way Bollywood portrays them (as seen in the film)?

INFO

Tags: Sex Work, Women, Media, Bollywood
Use: Very Relevant
Language: Hindi (English Subtitles)
Time: 16 minutes
Producer: Point of View & SANGRAM (www.pointofview.org)

SESSIONS

- Adherence Issues and Counselling Women in Sex Work (ART/CCC Induction)
- Counselling Women in Sex Work (STI Induction)
- Targeted Interventions: Women in Sex Work (ICTC Induction)

FILMS PROVIDED

1. +VE LIVING

2. 68 PAGES
MARKED BY PAIN, BOUND BY HOPE

3. A HANDFUL OF SUN

4. A HEALER IS BORN

5. A HUMAN QUESTION

6. A LIFE LESS ORDINARY

7. AAO SIKHE JEENA HIV KE SANGH

8. ADHA ASMAN
WOMEN'S ACCESS TO HEALTHCARE

9. AM I AT RISK?

10. AZHAGE VAA + BULA DI + DURGA, PANDU & THE COUPLE + IS THIS JUSTICE? & WHAT KIND OF MAN ARE YOU?

11. BEING MALE BEING KOTI

12. BENAQAAB + ZINDA LAASH

13. BLOOD BROTHERS + MIGRATION + POSITIVE + PRARAMBHA

14. BLUR

15. BORN AT HOME

16. BREAKING THE BARRIERS

17. BRIDGES OF HOPE + THE RIGHT WAY

18. CALCUTTA PRIDE MARCH 2004

19. DELHI-MUMBAI-DELHI

20. DR. NAGESH

21. FOUR WOMEN AND A ROOM

22. GENDER UNPACK

23. GODDESSES

24. HEROES PROJECT

25. IT'S A BOY (IT'S GOING TO BE A BOY)

26. IN THE FLESH

27. JI HAAN! AAP JEE SAKTE HAIN

28. LET'S TALK ABOUT SEX

29. LITTLE REPUBLICS

30. LIVING WITH AIDS

31. LONELY ANGELS

32. MAJMA

33. MANY PEOPLE MANY DESIRES

34. MOKSHA

35. MY BROTHER NIKHIL

36. ON MY OWN

37. OUR FAMILY

38. OUT OF THE CLOSET + WHO AM I?

39. P(L)AIN TRUTH

40. PATENTS OR PATIENTS

41. PESU MANAME PESU

42. PHIR MILENGE

43. ROSHNI

44. SHANKAR

45. SKIN DEEP

46. SOMETHING LIKE A WAR

47. TALES OF NIGHT FAIRIES

48. THE BURNING ISSUE

49. THE FIGHT TO DANCE

50. THE SHINGNABA CHALLENGE

51. UNHEARD VOICES:
HIV AND BLOOD EXPOSURES

52. WHEN FOUR FRIENDS MEET

53. WHO IS AFRAID OF LITTLE GIRLS

ALPHABETICAL INDEX

TITLE	PAGE NO
+VE LIVING	1
68 PAGES MARKED BY PAIN, BOUND BY HOPE	2
A BEGINNING...	3
A HANDFUL OF SUN	4
A HEALER IS BORN	5
A HUMAN QUESTION	6
A LIFE LESS ORDINARY	7
AAINA	8
AAO SIKHE JEENA HIV KE SANGH	9
ADHA ASMAN WOMEN'S ACCESS TO HEALTHCARE	10
AM I AT RISK?	11
AZHAGE VAA	12
BALBIR PASHA	13
BEING MALE, BEING KOTI	14
BENAQAAB	15
BEYOND THE BARBED WIRE	16
BLOOD BROTHERS	17
BLUR	18
BORN AT HOME	19
BREAKING THE BARRIERS	20
BRIDGES OF HOPE	21
BULA DI	22
CALCUTTA PRIDE MARCH 2004	23
CHARULATHAYUDE BAAKKI	24
DELHI-MUMBAI-DELHI	25
DR NAGESH	26
DREAM	27
DURGA, PANDU AND THE COUPLE	28
EMPTY HANDED RESPONDING TO THE DEMAND FOR CONTRACEPTIVES	29
FLYING INSIDE MY BODY	30
FOUR WOMEN AND A ROOM	31
GENDER UNPACK	32
GODDESSES	33
HAPPY HOOKERS	34
HASINA	35
HEALTH MATTERS	36
HEROES PROJECT	37
I COULDN'T BE YOUR SON, MOM	38
IN THE FLESH	39
IS THIS JUSTICE? & WHAT KIND OF MAN ARE YOU?	40
IT'S A BOY (IT'S GOING TO BE A BOY)	41
JI HAAN! AAP JEE SAKTE HAIN!	42

TITLE	PAGE NO
LET'S TALK ABOUT SEX	43
LITTLE REPUBLICS	44
LIVING WITH AIDS	45
LONELY ANGELS	46
MAJMA (THE PERFORMANCE)	47
MANY PEOPLE, MANY DESIRES	48
MERI SEHAT MERA NIRNAY	49
MIGRATION	50
MOKSHA	51
MY BROTHER NIKHIL	52
ON MY OWN	53
OUR FAMILY	54
OUT OF THE CLOSET	55
P(L)AIN TRUTH	56
PARAI	57
PATENTS OR PATIENTS?	58
PESU MANAME PESU	59
PHIR MILENGE	60
POSITIVE	61
PRARAMBHA	62
PUNCHES AND PONYTAILS	63
ROSHNI	64
SAAVDHAAN- IT'S A BATTLE AGAINST HIV/AIDS	65
SANCHARRAM	66
SANTI, LUCY AND THOIBE	67
SHANKAR	68
SILK PRISON (WORKING TITLE)	69
SKIN DEEP	70
SOMETHING LIKE A WAR	71
SUFFERING IN SILENCE	72
TALES OF THE NIGHT FARIES	73
THE BURNING ISSUE/ SOME BURNING QUESTIONS	74
THE FIGHT TO DANCE	75
THE RIGHT WAY	76
THE SHINGNABA CHALLENGE	77
THE SILENT PARTNER: HIV IN MARRIAGE	78
TRAJECTORY OF A SAGA	79
UNHEARD VOICES	80
WHEN FOUR FRIENDS MEET	81
WHO AM I?	82
WHO IS AFRAID OF LITTLE GIRLS?	83
XXWHY	84
ZINDA LAASH	85

LANGUAGE INDEX

BENGALI	PAGE NO
BEING MALE, BEING KOTI	14
BEYOND THE BARBED WIRE	16
BULA DI	22
CALCUTTA PRIDE MARCH 2004	23
I COULDN'T BE YOUR SON, MOM	38
IN THE FLESH	39
MOKSHA	51
TALES OF THE NIGHT FARIES	73
THE BURNING ISSUE/ SOME BURNING QUESTIONS	74
ENGLISH	
A HUMAN QUESTION	6
AM I AT RISK?	11
DREAM	27
EMPTY HANDED RESPONDING TO THE DEMAND FOR CONTRACEPTIVES	29
FLYING INSIDE MY BODY	30
LET'S TALK ABOUT SEX	43
OUT OF THE CLOSET	55
PATENTS OR PATIENTS?	58
THE SILENT PARTNER: HIV IN MARRIAGE	78
TRAJECTORY OF A SAGA	79
HINDI	
68 PAGES MARKED BY PAIN, BOUND BY HOPE	2
A HANDFUL OF SUN	4
AAINA	8
AAO SIKHE JEENA HIV KE SANGH	9
ADHA ASMAN WOMEN'S ACCESS TO HEALTHCARE	10
BALBIR PASHA	13
BENAQAAB	15
BLOOD BROTHERS	17
BORN AT HOME	19
BREAKING THE BARRIERS	20
BRIDGES OF HOPE	21
DELHI-MUMBAI-DELHI	25
DR NAGESH	26
FOUR WOMEN AND A ROOM	31
GENDER UNPACK	32
HAPPY HOOKERS	34
HEALTH MATTERS	36
IS THIS JUSTICE? & WHAT KIND OF MAN ARE YOU?	40
IT'S A BOY (IT'S GOING TO BE A BOY)	41
JI HAAN! AAP JEE SAKTE HAIN!	42
MAJMA (THE PERFORMANCE)	47
MERI SEHAT MERA NIRNAY	49
MIGRATION	50
MY BROTHER NIKHIL	52
ON MY OWN	53

HINDI	PAGE
PHIR MILENGE	60
POSITIVE	61
PUNCHES AND PONYTAILS	63
SAAVDHAAN- IT'S A BATTLE AGAINST HIV/AIDS	65
SHANKAR	68
SILK PRISON (WORKING TITLE)	69
SKIN DEEP	70
SOMETHING LIKE A WAR	71
THE FIGHT TO DANCE	75
THE RIGHT WAY	76
UNHEARD VOICES	80
WHEN FOUR FRIENDS MEET	81
WHO AM I?	82
WHO IS AFRAID OF LITTLE GIRLS?	83
ZINDA LAASH	85
KANNADA	
HASINA	35
LIVING WITH AIDS	45
MANY PEOPLE, MANY DESIRES	48
PRARAMBHA	62
MALAYALAM	
CHARULATHAYUDE BAAKKI	24
SANCHARRAM	66
XXWHY	84
MANIPURI	
ROSHNI	64
SANTI, LUCY AND THOIBE	67
THE SHINGNABA CHALLENGE	77
MARATHI	
A HEALER IS BORN	5
A LIFE LESS ORDINARY	7
BLUR	18
DURGA, PANDU AND THE COUPLE	28
MISCELLANEOUS	
HEROES PROJECT (HINDI, KANNADA, TAMIL, TELUGU)	37
P(L)AIN TRUTH (NO DIALOGUE)	56
TAMIL	
AZHAGE VAA	12
GODDESSES	33
OUR FAMILY	54
PARAI	57
PESU MANAME PESU	59
TELUGU	
+VE LIVING	1
A BEGINNING...	3
LITTLE REPUBLICS	44
LONELY ANGELS	46
SUFFERING IN SILENCE	72

TAG-WISE INDEX

ACCESS TO TREATMENT	PAGE NO
A HUMAN QUESTION	6
PATENTS OR PATIENTS?	58

BAR DANCERS	
DELHI-MUMBAI-DELHI	25
THE FIGHT TO DANCE	75

BEHAVIOUR CHANGE	
BALBIR PASHA	13
BULA DI	22
HEROES PROJECT	37

BLOOD	
AM I AT RISK?	11
UNHEARD VOICES	80

BODY BASICS	
A HEALER IS BORN	5

BODY IMAGE	
SKIN DEEP	70

CHILD MARRIAGE	
WHO IS AFRAID OF LITTLE GIRLS?	83

CHILDREN	
A LIFE LESS ORDINARY	7
LONELY ANGELS	46
PRARAMBHA	62

CONDOM USE	
THE RIGHT WAY	76

COUNSELLING	
68 PAGES MARKED BY PAIN. BOUND BY HOPE	2
DR NAGESH	26

DALIT	
PARAI	57

DISCLOSURE	
BLUR	18
PESU MANAME PESU	59
SHANKAR	68

DISCRIMINATION	
PHIR MILENGE	60

FAMILY	PAGE NO
OUR FAMILY	54
POSITIVE	61

GENDER	PAGE NO
IT'S A BOY (IT'S GOING TO BE A BOY)	41

GENDER IDENTITY	
GENDER UNPACK	32

HEALTH	
HEALTH MATTERS	36

HIJRA	
WHO AM I?	82

HIV/AIDS	
AAO SIKHE JEENA HIV KE SANGH	9
BLOOD BROTHERS	17

INTERVENTIONS	
DURGA, PANDU AND THE COUPLE	28

INTRAVENOUS DRUG USERS	
SANTI, LUCY AND THOIBE	67
THE SHINGNABA CHALLENGE	77

KOTI	
BEING MALE, BEING KOTI	14

LESBIAN	
SANCHARRAM	66

LGBT	
CALCUTTA PRIDE MARCH 2004	23
MANY PEOPLE, MANY DESIRES	48

MARRIAGE	
A HANDFUL OF SUN	4
AZHAGE VAA	12
CHARULATHAYUDE BAAKKI	24
DREAM	27
THE SILENT PARTNER: HIV IN MARRAIAGE	78

MEN	PAGE NO
MAJMA (THE PERFORMANCE)	47
SAAVDHAAN- IT'S A BATTLE AGAINST HIV/AIDS	65
WHEN FOUR FRIENDS MEET	81
MEN HAVING SEX WITH MEN	
BRIDGES OF HOPE	21
FLYING INSIDE MY BODY	30
MIGRATION	
MIGRATION	50
MOBILE POPULATIONS	
A BEGINNING...	3
POSITIVE LIVING	
JI HAAN! AAP JEE SAKTE HAIN	42
REPRODUCTIVE HEALTH	
BORN AT HOME	19
EMPTY HANDED RESPONDING TO THE DEMAND FOR CONTRACEPTIVES	29
SOMETHING LIKE A WAR	71
SEX	
LET'S TALK ABOUT SEX	43
SEX WORK	
BENAQAAB	15
BEYOND THE BARBED WIRE	16
HAPPY HOOKERS	34
IN THE FLESH	39
TALES OF THE NIGHT FARIES	73
ZINDA LAASH	85
SEXUALLY TRANSMITTED INFECTIONS	
MERI SEHAT MERA NIRNAY	49
STIGMA	
IS THIS JUSTICE? & WHAT KIND OF MAN ARE YOU?	40
LIVING WITH AIDS	45
MY BROTHER NIKHIL	52
OUT OF THE CLOSET	55
ROSHNI	64
SUFFERING IN SILENCE	72
THE BURNING ISSUE/ SOME BURNING QUESTIONS	74
TRANSGENDER	
I COULDN'T BE YOUR SON, MOM	38
XXWHY	84

TRANSSEXUAL	PAGE N
P(L)AIN TRUTH	56
VIOLENCE	
BREAKING THE BARRIERS	20
HASINA	35
SILK PRISON (WORKING TITLE)	69
WIDOWHOOD	
MOKSHA	51
WOMEN	
+VE LIVING	1
AAINA	8
ADHA ASMAN: WOMEN'S ACCESS TO HEALTHCARE	10
FOUR WOMEN AND A ROOM	31
GODDESSES	33
LITTLE REPUBLICS	44
ON MY OWN	53
PUNCHES AND PONYTAILS	63
TRAJECTORY OF A SAGA	79

TIME-WISE INDEX

UNDER 5 MINUTES	PAGE NO
AZHAGE VAA	12
BALBIR PASHA	13
BULA DI	22
HEROES PROJECT	37
IS THIS JUSTICE? & WHAT KIND OF MAN ARE YOU?	40
THE RIGHT WAY	76

5-20 MINUTES	PAGE NO
A BEGINNING...	3
AAINA	8
BLOOD BROTHERS	17
CALCUTTA PRIDE MARCH 2004	23
DREAM	27
DURGA, PANDU AND THE COUPLE	28
EMPTY HANDED RESPONDING TO THE DEMAND FOR CONTRACEPTIVES	29
I COULDN'T BE YOUR SON, MOM	38
JI HAAN! AAP JEE SAKTE HAIN	42
LIVING WITH AIDS	45
MIGRATION	50
OUT OF THE CLOSET	55
P(L)AIN TRUTH	56
POSITIVE	61
PRARAMBHA	62
SAAVDHAAN- IT'S A BATTLE AGAINST HIV/AIDS	65
SANTI, LUCY AND THOIBE	67
SUFFERING IN SILENCE	72
THE SILENT PARTNER: HIV IN MARRIAGE	78
TRAJECTORY OF A SAGA	79
ZINDA LAASH	85

21-40 MINUTES	PAGE NO
+VE LIVING	1
A HANDFUL OF SUN	4
A HEALER IS BORN	5
A LIFE LESS ORDINARY	7
ADHA ASMAN WOMEN'S ACCESS TO HEALTHCARE	10
AM I AT RISK?	11
BEING MALE, BEING KOTI	14
BENAQAAB	15
BEYOND THE BARBED WIRE	16
BRIDGES OF HOPE	21
CHARULATHAYUDE BAAKKI	24
FLYING INSIDE MY BODY	30
FOUR WOMEN AND A ROOM	31
GENDER UNPACK	32

21-40 MINUTES	PAGE NO
IT'S A BOY (IT'S GOING TO BE A BOY)	41
LET'S TALK ABOUT SEX	43
LONELY ANGELS	46
MERI SEHAT MERA NIRNAY	49
ON MY OWN	53
PATENTS OR PATIENTS	58
ROSHNI	64
SHANKAR	68
SILK PRISON (WORKING TITLE)	69
THE FIGHT TO DANCE	75
THE SHINGNABA CHALLENGE	77
UNHEARD VOICES	80
WHO AM I?	82
WHO IS AFRAID OF LITTLE GIRLS?	83

MORE THAN 40 MINUTES	PAGE NO
68 PAGES MARKED BY PAIN, BOUND BY HOPE	2
A HUMAN QUESTION	6
AAO SIKHE JEENA HIV KE SANGH	9
BLUR	18
BORN AT HOME	19
BREAKING THE BARRIERS	20
DELHI-MUMBAI-DELHI	25
DR NAGESH	26
GODDESSES	33
HAPPY HOOKERS	34
HASINA	35
HEALTH MATTERS	36
IN THE FLESH	39
LITTLE REPUBLICS	44
MAJMA (THE PERFORMANCE)	47
MANY PEOPLE, MANY DESIRES	48
MOKSHA	51
MY BROTHER NIKHIL	52
OUR FAMILY	54
PARAI	57
PESU MANAME PESU	59
PHIR MILENGE	60
PUNCHES AND PONYTAILS	63
SANCHARRAM	66
SKIN DEEP	70
SOMETHING LIKE A WAR	71
TALES OF THE NIGHT FARIES	73
THE BURNING ISSUE/ SOME BURNING QUESTIONS (30+30	74
WHEN FOUR FRIENDS MEET	81
XXWHY	84

Notes

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Notes